

2017 ASANWR Regional (Summer) Championships

Heat Start Lists Session 1

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Event 101 Mens 14/16 Yrs 400m Freestyle Team									
P				H 2	L 1	Prescot	Prescot	3:50.00	
H 1	L 3	Winsford A Ryan Wheeler Joshua Wilson Henry Oliver Finn Armit	Winsford			Daniel Clark Alex Dunm Cameron Dunk Neil Wylie			
	L 4	Winsford B William Murray James Cushen Will Deeming Ethan Jones	Winsford		L 2	Pioneer 79 Benjamin Martin Thomas Gilroy Arran Bostock Ewan McKavett	Pioneer 79	3:40.82	
	L 5	Leyland Barracudas Bradley Astles Kyle McKenna Jacob Hughes Ben Porter	Leyland Barr		L 3	City of Manchester A Nathan Bennett Robert Cowley Matthew Evans Jared Armstrong	Co Manch Aq	3:37.72	
H 2	L 2	City of Manchester A Alfie Marrs Alex Hiles Luca Tommasello Ben Smith	Co Manch Aq	3:59.96		L 4	City of Liverpool Jack Graham Liam Carlin Kieran Hennessy Matthew Pomford	Co Liverpool	3:34.00
	L 3	City of Salford A Jay Dennett Scott Provan James Duncan Marcus Dey	Co Salford	3:47.00		L 5	Oldham Aquatics Joe McCue Alexander Richardson Chris Wain Callum Quigley	Oldham Aqua	3:37.00
	L 4	City of Liverpool Eoin O'Connor Thomas Silk Alex Thompson Jack Roberts	Co Liverpool	3:45.00		L 6	Preston A Luke Poole Kenan Yeung George Robinson Sohan Rathod	Preston	3:40.00
	L 5	Preston A Daniel Holmes Jack Howard Rio Quarry Billy Dewhurst	Preston	3:46.00		L 7	Wigan Best Declan Hall Matthew Silvester Harley Beentjes James Cross	Wigan BEST	3:44.00
	L 6	Bolton Metro Gabriel Glynn Isaac Brennand Adam Akik Jack Morris	Bolton Metro	3:50.00		L 8	Warrington Warriors James Ross Matthew Domville Adam Poole Alex Watkinson	Warrington W	3:50.00
	L 7	Trafford Metro James Rollaston Jake Pender Reece Cambage-Hughes George Speight	Trafford Met	4:10.10	Event 103 Girls 15 Yrs/Over 200m Backstroke				
Event 102 Mens 17 Yrs/Over 400m Free.Team				H 1	L 3	Chloe Foster	15 Satellite	2:31.90	
H 1	L 3	Winsford A Jordan Gaskell Nicholas Law Alexander Law Daniel Stone	Winsford		L 4	Olivia Nicholls	17 Pioneer 79	2:31.00	
	L 4	Trafford Metro Paul Barnard Joe Keeley Andy Cooper Samuel Milne	Trafford Met	3:52.00		L 5	Abigail Towle	16 Co Liverpool	2:31.84
	L 5	Crewe Flyers Tom Bloor Michael Goodby Zak Fielding Joseph Stather	Crewe Flyers	3:52.00	H 2	L 1	Anna Duncan	17 Bebington	2:30.30
	L 6	Blackpool Aq Thomas Manning Anthony Wood Jacques Bonsell Adam Fawl	Blackpool Aq			L 2	Isabel Cockerham	17 Pioneer 79	2:26.80
						L 3	Alexandra Livingstone	16 Carnforth	2:24.60
						L 4	Kate Butler	15 Stockport Mo	2:19.10
						L 5	Mattea-Jay Oliver	17 Co Liverpool	2:22.80
						L 6	Emma Jones	16 Co Salford	2:25.76
						L 7	Alexandra Carr	15 Blackpool Aq	2:28.60
					H 3	L 1	Mia Smith	16 Southport	2:29.20
						L 2	Eleanor Nanson	18 Cockerham	2:26.70
						L 3	Elizabeth Wafer	15 Preston	2:24.10
						L 4	Emma Rowson	17 Stockport Mo	2:18.80
						L 5	Charlotte Nester	16 Wigan BEST	2:21.80
						L 6	Hannah Kelsall	18 Co Liverpool	2:25.20
						L 7	Chloe Cottam	16 Preston	2:28.30
						L 8	Caitlin Brannon	16 Wirral Metro	2:30.70
					H 4	L 1	Molly Gordon	15 Blackpool Aq	2:29.00
						L 2	Isabella Burton	17 Winsford	2:26.70
						L 3	Nicola Capstick	16 Ulverston	2:23.90
						L 4	Katelyn Bergin	16 Stockport Mo	2:15.90
						L 5	Tori Sopp	17 Wirral Metro	2:19.90
						L 6	Josie Carroll	15 Southport	2:24.70
						L 7	Emily Riddick	16 Winsford	2:27.60
						L 8	Alissa Blackshaw	15 Winsford	2:30.40

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Event 104 Boys 15 Yrs/Over 100m Butterfly

H 1	L 2	Joseph Niven	16	Southport	1:02.50	L 6	Michelle Olchowski	18	Everton	31.25
	L 3	Thomas Dugdale	15	Carnforth	1:02.33	L 7	Lucy Handford	16	Leyland Barr	31.30
	L 4	Cameron Frame	19	Co Manch Aq	1:01.79	L 8	Georgina Chadwick	16	Co Salford	31.35
	L 5	Alexander Law	21	Winsford	1:02.10	H 6	L 1 Rachel Ritchie	21	Preston	31.06
	L 6	James Morrison	18	Bolton Metro	1:02.50		L 2 Imogen Bailey	16	Wigan BEST	31.00
	L 7	Ewan Wilson	15	Co Salford	1:02.80		L 3 Morgan Gaskell-French	17	Leyland Barr	30.90
							L 4 Abby Jones	15	Southport	30.77
H 2	L 1	Ryan Wheeler	15	Winsford	1:01.64		L 5 Emily Peck	16	Lancaster	30.80
	L 2	Connor Harwood	17	Wirral Metro	1:01.39		L 6 Scarlet Peacock	16	Stockport Mo	30.90
	L 3	Harrison Brown	16	Stockport Mo	1:01.20		L 7 Charlotte Dodson	17	Prescot	31.01
	L 4	Sean Quinn	19	Co Liverpool	1:01.06		L 8 Ellie-Jo Hughes	16	Halton	31.12
	L 5	Thomas Broadfoot	19	Co Manch Aq	1:01.15	H 7	L 1 Charlotte Hulme	15	Co Manch Aq	30.64
	L 6	Harley Beentjes	17	Wigan BEST	1:01.20		L 2 Jessica Sloan	19	Wigan BEST	30.49
	L 7	Kieran Hennessy	18	Co Liverpool	1:01.62		L 3 Chloe Cottam	16	Preston	30.42
	L 8	Daniel Austin	18	Co Salford	1:01.73		L 4 Hannah Raistrick	15	Burnley BOBC	30.16
							L 5 Nicola Capstick	16	Ulverston	30.30
H 3	L 1	Aaron Fox	16	Bebington	1:00.80		L 6 Martha Smith	16	Clitheroe	30.46
	L 2	Michael Goodby	17	Crewe Flyers	1:00.36		L 7 Ruth McEwen	18	Barrow	30.60
	L 3	Alex Watkinson	16	Warrington W	59.10		L 8 Simone Ellson	15	Pioneer 79	30.70
	L 4	Jordan Gaskell	18	Winsford	57.75	H 8	L 1 Holly White	15	Co Liverpool	29.95
	L 5	Jake Fabi	18	Carlisle Aq	58.80		L 2 Ella Johnson	17	Southport	29.33
	L 6	Harry Pilkington	17	Burnley BOBC	1:00.01		L 3 Lucy Hardey	15	Co Liverpool	29.10
	L 7	Adam Poole	19	Warrington W	1:00.60		L 4 Jessica Calderbank	20	Oldham Aqua	28.55
	L 8	Adam Blackshaw	17	Winsford	1:01.03		L 5 Molly Roodhouse	18	Co Manch Aq	28.86
							L 6 Emily Keays	17	Co Salford	29.21
H 4	L 1	Tom Robinson	17	Ulverston	1:00.68		L 7 Olivia Marshall	15	lo Man	29.70
	L 2	Hayden Griffiths	20	Co Manch Aq	1:00.25		L 8 Leah Williams	16	Pioneer 79	30.11
	L 3	Ewan McKavett	17	Pioneer 79	59.08	H 9	L 1 Niamh Wilgar	17	Southport	29.93
	L 4	Robert Hamer	19	Preston	57.60		L 2 Tori Sopp	17	Wirral Metro	29.29
	L 5	Samuel Goldrick	19	Co Manch Aq	58.20		L 3 Emily Spencer	17	Co Liverpool	29.10
	L 6	Neil Wylie	17	Prescot	59.97		L 4 Katelyn Bergin	16	Stockport Mo	28.40
	L 7	William Camden	16	Co Salford	1:00.53		L 5 Charlotte Taylor	20	Satellite	28.77
	L 8	Matthew Pomford	17	Co Liverpool	1:00.90		L 6 Anna Doughty	18	Bolton Metro	29.20
							L 7 Elizabeth Woodcock	15	Preston	29.70
H 5	L 1	Nathan Lowe	17	Co Salford	1:00.65		L 8 Hannah Head	17	Co Manch Aq	30.03
	L 2	Connor Joyce	17	Cockermouth	1:00.10	H 10	L 1 Emily Lawrence	16	Preston	29.90
	L 3	Joshua Lambert	18	Burnley BOBC	59.03		L 2 Ruby Burns	15	Satellite	29.25
	L 4	Alisdair Stout	17	Co Manch Aq	57.56		L 3 Rhianna Bennett	20	Co Manch Aq	29.09
	L 5	Matthew George	17	Co Salford	57.93		L 4 Ciara Standing	18	Stockport Mo	27.96
	L 6	Brody Hewison	19	lo Man	59.50		L 5 Rebecca Pearson	15	Stockport Mo	28.61
	L 7	Jacob Lea	19	Southport	1:00.40		L 6 Kazia Whittaker	16	lo Man	29.15
	L 8	Marcus Dey	16	Co Salford	1:00.90		L 7 Emma Whittingham	17	Southport	29.43
							L 8 Lauren Dzrya	19	Co Manch Aq	30.02

Event 105 Girls 15 Yrs/Over 50m Butterfly

H 1	L 3	Abigail Rylance	18	Co Manch Aq	32.30
	L 4	Rachel Bradshaw	16	Crewe Flyers	32.30
	L 5	Hannah Procter	17	Clitheroe	32.30
H 2	L 2	Caitlin Armstrong	15	Pioneer 79	32.20
	L 3	Charlotte Heyes	15	Ramsbottom	32.12
	L 4	Ruby Jones	15	Stockport Mo	32.10
	L 5	Lucy Cooke	15	Flixton	32.11
	L 6	Elissa Gornall	17	Leyland Barr	32.19
	L 7	Georgia Bell	15	Co Liverpool	32.25
H 3	L 1	Abbie Winstanley	15	Workington	32.00
	L 2	Rebecca Howman	16	Winsford	31.90
	L 3	Alice Entwistle	15	Clitheroe	31.87
	L 4	Abigail Harrop	15	Bolton Metro	31.79
	L 5	Anna Dutton	15	Leyland Barr	31.80
	L 6	Ruby Hearn	15	Co Liverpool	31.88
	L 7	Ana Goldrick	17	Satellite	31.92
	L 8	Millie McCaul	16	Wirral Metro	32.10
H 4	L 1	Abigail Towle	16	Co Liverpool	31.70
	L 2	Jade Moore	16	Blackpool Aq	31.59
	L 3	Rebecca Dawson	17	Co Manch Aq	31.56
	L 4	Isabella Burton	17	Winsford	31.40
	L 5	Anna Duncan	17	Bebington	31.43
	L 6	Emma Blair	15	Aquabears	31.57
	L 7	Mary Nelson	17	Satellite	31.60
	L 8	Emily Conway	15	Co Manch Aq	31.78
H 5	L 1	Georgia Williams	17	Winsford	31.30
	L 2	Katie Richardson	16	Oldham Aqua	31.26
	L 3	Lauren Cooley	16	Cockermouth	31.20
	L 4	Ella Bergin-Williams	16	Oldham Aqua	31.14
	L 5	Rebecca Wilson	15	Copeland	31.16

Event 106 Boys 15 Yrs/Over 50m Backstroke

H 1	L 2	Harry Pope	15	Co Liverpool	31.63
	L 3	Kyle McKenna	15	Leyland Barr	31.50
	L 4	William Fidalgo-Hull	15	Cockermouth	31.40
	L 5	Luke Jackson	15	Cockermouth	31.49
	L 6	Joshua Howlett	15	Blackpool Aq	31.50
H 2	L 1	Thomas Duxbury	15	Bolton Metro	31.40
	L 2	Alex Thompson	15	Co Liverpool	31.27
	L 3	Alexander Hadley	18	Aquabears	31.20
	L 4	Cameron Lamb	17	Bolton Metro	31.20
	L 5	William Murray	16	Winsford	31.20
	L 6	Luca Tommasello	15	Co Manch Aq	31.22
	L 7	Jude Gibson	15	Co Manch Aq	31.32
	L 8	Jack Dixon	16	Workington	31.40
H 3	L 1	Benjamin Gibbs	18	Chorley Marl	31.10
	L 2	Jack Huddart	16	Burnley BOBC	31.00
	L 3	Ben Smith	16	Co Manch Aq	30.70
	L 4	Stuart Eastwood	19	Crewe Flyers	30.60
	L 5	Luke Nisted	21	S15 Prescot	30.60
	L 6	Cameron Frame	19	Co Manch Aq	30.83
	L 7	Marcus Cook	16	Crewe Flyers	31.10
	L 8	Louis Hunter	15	Stockport Mo	31.20
H 4	L 1	Nicholas Law	18	Winsford	30.60
	L 2	Nathan Young	18	Co Liverpool	30.48
	L 3	Ryan Rimmer	19	Crewe Flyers	30.40
	L 4	Billy Moore	16	Stockport Mo	30.40
	L 5	Ethan Jones	15	Winsford	30.40
	L 6	James Pettener	16	Wirral Metro	30.40

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L 7	Nathaniel Stevens	18	Southport	30.50	L 8	Grace Kedzior-Macdonou	15	Bebington	2:50.60
L 8	Joseph Rees	16	Stockport Mo	30.60					
H 5	L 1 Peter Allen	16	Io Man	30.30	H 5	L 1 Rachael Thompson	16	Southport	2:48.70
L 2	Adam Blackshaw	17	Winsford	30.20	L 2	Kiera Henley	16	Stockport Mo	2:43.55
L 3	Joshua Turner	16	Ulverston	30.20	L 3	Shannon Campbell	18	Warrington W	2:41.00
L 4	Aaron Fox	16	Bebington	30.00	L 4	Grace Gidman	15	Bolton Metro	2:37.70
L 5	Alexander Morley	15	Co Salford	30.16	L 5	Hannah Sheehan	16	Wigan BEST	2:39.08
L 6	Jack Hardman	17	Pioneer 79	30.20	L 6	Chelsea Crabtree	16	Co Salford	2:42.04
L 7	Jack Roberts	16	Co Liverpool	30.25	L 7	Rebecca Pearson	15	Stockport Mo	2:45.49
L 8	Kieran Hennessy	18	Co Liverpool	30.30	L 8	Leah Williams	16	Pioneer 79	2:49.80
H 6	L 1 Dylan Van-Hoof	16	Co Salford	30.00	H 6	L 1 Ellie Ward	16	Pioneer 79	2:48.60
L 2	Rhys Aston	18	Horwich	29.85	L 2	Charlotte Nester	16	Wigan BEST	2:42.74
L 3	Roan Greening	15	Cockermouth	29.76	L 3	Denisa-Elena Gogu	19	Co Manch Aq	2:40.90
L 4	Ben Turland	16	Pioneer 79	29.40	L 4	Anna Doughty	18	Bolton Metro	2:32.40
L 5	Nathan Watson	17	Cockermouth	29.50	L 5	Miranda Bower	17	Burnley BOBC	2:39.00
L 6	Alexander Law	21	Winsford	29.80	L 6	Victoria Dawson	15	Southport	2:41.50
L 7	Samuel Taylor	17	Co Manch Aq	29.86	L 7	Emily Lawrence	16	Preston	2:45.00
L 8	Alexander Nicholson	16	Cockermouth	30.00	L 8	Katie Cherry	17	Co Manch Aq	2:49.53
H 7	L 1 Alex Watkinson	16	Warrington W	28.90	Event 108 Boys 15 Yrs/Over 200m Freestyle				
L 2	Liam Carlin	18	Co Liverpool	28.60	H 1	L 2 Jack Sheffield	15	S14 Co Salford	2:22.65
L 3	Owen Minnican	16	Co Liverpool	28.17	L 3	Henry Oliver	15	Winsford	2:06.20
L 4	Billy Dewhurst	16	Preston	27.20	L 4	Ewan Wilson	15	Co Salford	2:05.80
L 5	Neil Wylie	17	Prescot	27.81	L 5	Jay Dennett	16	Co Salford	2:05.80
L 6	Zak Fielding	18	Crewe Flyers	28.30	L 6	Jack Morris	15	Bolton Metro	2:06.22
L 7	Connor Joyce	17	Cockermouth	28.80	H 2	L 1 Ben Smith	16	Co Manch Aq	2:05.50
L 8	Jake Fabi	18	Carlisle Aq	29.00	L 2	Ryan Wheeler	15	Winsford	2:04.94
H 8	L 1 Solomon Mhar	18	Co Manch Aq	28.90	L 3	Bradley Astles	16	Leyland Barr	2:04.79
L 2	Declan Hall	18	Wigan BEST	28.40	L 4	Benjamin Winterburn	16	Carnforth	2:04.50
L 3	Nathan Lowe	17	Co Salford	28.08	L 5	Alexander Richardson	19	Oldham Aqua	2:04.60
L 4	Thomas Gilroy	21	Pioneer 79	26.62	L 6	Nathan Watson	17	Cockermouth	2:04.87
L 5	Jack Shillinglaw	18	Wirral Metro	27.66	L 7	Joel Donald	15	Stockport Mo	2:05.00
L 6	Daniel Clark	17	Prescot	28.22	L 8	Luke Jackson	15	Cockermouth	2:05.70
L 7	Marcus Dey	16	Co Salford	28.70	H 3	L 1 Michael Goodby	17	Crewe Flyers	2:03.90
L 8	Tom Robinson	17	Ulverston	28.98	L 2	Euan Macmurchie	17	Io Man	2:03.50
H 9	L 1 Reece Cabbage-Hughes	16	Trafford Met	28.80	L 3	Joshua Lambert	18	Burnley BOBC	2:03.10
L 2	William Camden	16	Co Salford	28.40	L 4	Thomas Mackay	17	Burnley BOBC	2:02.60
L 3	Anthony Wood	17	Blackpool Aq	27.90	L 5	Thomas Manning	17	Blackpool Aq	2:03.00
L 4	Antony Evitts	22	Co Liverpool	25.60	L 6	Nicholas Law	18	Winsford	2:03.40
L 5	Matthew Pomford	17	Co Liverpool	27.56	L 7	Alexander Law	21	Winsford	2:03.70
L 6	Brody Hewison	19	Io Man	28.20	L 8	Nathan Young	18	Co Liverpool	2:04.44
L 7	Arran Bostock	18	Pioneer 79	28.60	H 4	L 1 George Robinson	17	Preston	2:02.40
L 8	Matthew Evans	20	Co Manch Aq	28.90	L 2	Jared Armstrong	17	Co Manch Aq	2:00.32
Event 107 Girls 15 Yrs/Over 200m Breaststroke					L 3	Harley Beentjes	17	Wigan BEST	1:58.00
H 1	L 2 Eve Dootson	15	Cockermouth	2:59.30	L 4	Declan Hall	18	Wigan BEST	1:55.93
L 3	Katie Jones	15	Blackpool Aq	2:58.40	L 5	Scott Provan	16	Co Salford	1:57.69
L 4	Alys Wightman	17	Wirral Metro	2:57.60	L 6	Liam Carlin	18	Co Liverpool	1:58.70
L 5	Katy Adkins	15	Southport	2:58.27	L 7	Matthew Silvester	17	Wigan BEST	2:01.80
L 6	Jessica Sholl	15	Warrington W	2:58.80	L 8	Ben Turland	16	Pioneer 79	2:02.60
H 2	L 1 Anna Marcantoni	16	Io Man	2:56.90	H 5	L 1 Solomon Mhar	18	Co Manch Aq	2:01.90
L 2	Emma Blair	15	Aquabears	2:55.80	L 2	James Morrison	18	Bolton Metro	1:59.90
L 3	Victoria Hill	18	Southport	2:54.60	L 3	Elliot Pickford	17	Wirral Metro	1:57.80
L 4	Emily Dobbins	15	Bebington	2:53.80	L 4	Matthew George	17	Co Salford	1:55.01
L 5	Anna Dutton	15	Leyland Barr	2:53.90	L 5	Benjamin Martin	17	Pioneer 79	1:57.60
L 6	Izabel Forrest	15	Pioneer 79	2:55.40	L 6	Arran Bostock	18	Pioneer 79	1:58.50
L 7	Emma Dickson	15	Co Manch Aq	2:56.40	L 7	Thomas Roberts	19	Halton	2:01.48
L 8	Isabelle Watterson	15	Io Man	2:57.30	L 8	Jordan Cooley	18	Cockermouth	2:02.40
H 3	L 1 Hannah Procter	17	Clitheroe	2:52.70	H 6	L 1 Cameron Dunk	18	Prescot	2:01.82
L 2	Abbie Winstanley	15	Workington	2:52.10	L 2	Anthony Wood	17	Blackpool Aq	1:59.37
L 3	Georgia Hytner	15	Wirral Metro	2:51.60	L 3	Jacques Bonsell	18	Blackpool Aq	1:57.74
L 4	Natasha Proffitt	19	Satellite	2:51.30	L 4	Joshua Thompson	19	Carnforth	1:52.30
L 5	Josephine Stevens	15	Co Salford	2:51.44	L 5	Matthew Evans	20	Co Manch Aq	1:57.10
L 6	Charlotte Dunn	16	Pioneer 79	2:51.90	L 6	Joel Watterson	18	Io Man	1:58.30
L 7	Niamh Billington-Sayer	15	Wirral Metro	2:52.30	L 7	Harry Pilkington	17	Burnley BOBC	2:01.20
L 8	Niamh Knowles	17	Bolton Metro	2:52.90	L 8	Jack Hardman	17	Pioneer 79	2:02.40
H 4	L 1 Hannah Edwards	16	Carnforth	2:49.39					
L 2	Charlotte Hulme	15	Co Manch Aq	2:43.90					
L 3	Caitlyn Shingler	15	Warrington W	2:41.50					
L 4	Kate Roodhouse	20	Stockport Mo	2:38.40					
L 5	Rusha Mondal	17	Co Manch Aq	2:39.80					
L 6	Stephanie Brew	21	Io Man	2:42.60					
L 7	Bridie Franey	17	Stockport Mo	2:46.00					

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Event 109 Girls 15 Yrs/Over 400m Freestyle

H 1	L 2	Millie McCaul	16	Wirral Metro	4:48.50
	L 3	Scarlett Aspinall	15	Southport	4:48.16
	L 4	Chloe Cottam	16	Preston	4:47.85
	L 5	Elissa Gornall	17	Leyland Barr	4:48.10
	L 6	Emma Dickson	15	Co Manch Aq	4:48.30
	L 7	Gemma Croft	15	Oldham Aqua	4:49.30
H 2	L 1	Alisha Hogan	15	Bolton Metro	4:47.30
	L 2	Morgan Gaskell-French	17	Leyland Barr	4:46.70
	L 3	Jessica Millar	15	Preston	4:46.36
	L 4	Georgia Williams	17	Winsford	4:45.70
	L 5	Caitlin Poulson	18	Penrith	4:46.00
	L 6	Emily Riddick	16	Winsford	4:46.60
	L 7	Emma Tabernacle	15	Preston	4:47.20
	L 8	Caitlin Brannon	16	Wirral Metro	4:47.80
H 3	L 1	Ruby Jones	15	Stockport Mo	4:45.60
	L 2	Alissa Blackshaw	15	Winsford	4:45.49
	L 3	Charlotte Kennedy	15	Stockport Mo	4:43.46
	L 4	Amelia Maclaren	16	Co Salford	4:42.88
	L 5	Olivia Armes	16	Preston	4:43.10
	L 6	Jessie Robson	15	Blackpool Aq	4:44.37
	L 7	Chloe Quarton	15	Co Liverpool	4:45.52
	L 8	Ellie Dewsbury	17	Southport	4:45.60
H 4	L 1	Maisie Johnson	16	Southport	4:41.31
	L 2	Mattea-Jay Oliver	17	Co Liverpool	4:38.15
	L 3	Sydney Bairstow	16	Blackpool Aq	4:36.90
	L 4	Abby Jones	15	Southport	4:36.30
	L 5	Abigail Rylance	18	Co Manch Aq	4:36.50
	L 6	Alexandra Carr	15	Blackpool Aq	4:38.05
	L 7	Imogen Bailey	16	Wigan BEST	4:39.00
	L 8	Anna Livermore	17	Co Manch Aq	4:42.10
H 5	L 1	Hannah Kelsall	18	Co Liverpool	4:32.44
	L 2	Meghann Leaver	18	Pioneer 79	4:30.49
	L 3	Megan Sheard	16	Stockport Mo	4:29.06
	L 4	Tori Sopp	17	Wirral Metro	4:23.00
	L 5	Laura Boardman	18	Co Salford	4:27.30
	L 6	Alice Fox	16	Burnley BOBC	4:29.93
	L 7	Holly White	15	Co Liverpool	4:32.10
	L 8	Alana Hedges	18	Co Manch Aq	4:33.74