

# 2023 SENW Winter Regional Championships

## Consideration Times

1. Age as at 31<sup>st</sup> December 2023
2. Times to be achieved from 1<sup>st</sup> April 2022 until closing date (Level 1, 2, 3)
3. Short Course times or long course conversions will be accepted.
4. Times have been generated using a consideration time generator, and have been generated using recorded times within the North West and within the qualifying window.

Open/Male 16 & Under	Open/Male 17 & Over	Events	Female 17 & Over	Female 16 & Under
25.86	24.08	50m Freestyle	27.31	27.93
55.87	52.96	100m Freestyle	59.10	1:00.10
2:02.20	1:56.40	200m Freestyle	2:09.80	2:10.40
4:19.97	4:08.22	400m Freestyle	4:34.56	4:31.77
9:01.47	8:45.97	800m Freestyle	9:31.94	9:26.53
17:10.08	16:27.63	1500m Freestyle	18:56.06	18:11.31
29.51	27.65	50m Backstroke	31.20	31.44
1:03.80	1:00.10	100m Backstroke	1:07.30	1:07.80
2:17.90	2:12.80	200m Backstroke	2:26.00	2:25.50
32.85	30.62	50m Breaststroke	34.70	35.44
1:12.20	1:07.70	100m Breaststroke	1:15.60	1:16.10
2:38.40	2:33.10	200m Breaststroke	2:44.40	2:46.90
28.10	26.19	50m Butterfly	29.21	30.22
1:02.30	58.27	100m Butterfly	1:05.20	1:07.80
2:21.60	2:15.00	200m Butterfly	2:29.40	2:32.80
1:05.50	1:00.30	100m Ind. Medley	1:08.90	1:09.40
2:19.50	2:11.70	200m Ind. Medley	2:27.10	2:27.10
4:56.95	4:41.26	400m Ind. Medley	5:09.21	5:10.64