

Please see latest regional information including events and courses that are coming up over the next few months,

Important SENW Regional Welfare Officer Update

Please can you ensure you read the below communication from the Regional Welfare Officer and share with your club members and coaches.

SENW Summer Regional Swimming Championships 2024

Good luck to all athletes competing in this weekend's championships at Liverpool Aquatics Centre, spectator's tickets can be purchased by [clicking here](#).

Volunteers are still needed for the final weekend - [Click here for further details](#).

Coaches and Team Managers passes now available [click here](#)

Merchandise now available to order [click here](#) ORDER WINDOW 4 (23rd April - 6th May) - Items will be dispatched to your home address after events have finished.

Swim England's members invited to help shape future values and vision

Swim England's members are to help shape the organisation's future direction and culture – and create a clear vision for aquatic sports – during a series of nationwide Values and Vision Roadshows in May, June and July, [click here for further details](#).



Water Polo Coaching

We are inviting all Water Polo coaches in the North West to join our new Coaching Community of Practice WhatsApp Group. The group is to support each other, to ask and answer any questions that you may have and to share best practice.

If you are interested in joining the group please email swimnorthwest@swimming.org With your name and club name.

Water Polo Regional Clubs Forum

Tuesday 4th June the North West water polo management group are holding the first Regional Clubs forum for water polo. This will take place on zoom starting at 7pm to receive the log in details for the forum [please complete the form found in this link](#).

SENW Boys U16 Water Polo Academy

U16 Boys Inter regional training session open to 2009/2010 born boys in preparation for Inter Regional event on 29th June 2024, [click here for further details and to register](#).

SENW Girls U16 Water Polo Academy

U16 Girls Inter regional training session open to 2009/2010 born girls in preparation for Inter Regional event on 29th June 2024, [click here for further details and to register](#).

North West – Water Polo Tournament – Lancaster 19.5.24

The Swim England North West Regional Water Polo Management Group are pleased to announce that they will be supporting Lancaster City Swimming and Water Polo Club, with an Under 15's Water Polo Tournament and an Under 11's Mini Water Polo Tournament, [click here for further details](#).

SENW Water Polo Club Table Officials Course

SENW are pleased to announce a Water Polo Club Table Officials Course which will take place on Saturday 29th June 2024 at Liverpool Aquatics Centre, [click here for further details](#).

Exciting News! Dive into the Future of Water Polo in North West!

Join Swim England North West in shaping the next era of Water Polo

Our Water Polo Management Group is on the lookout for passionate individuals to fulfil the following roles:

1. Coaching Lead
2. Competition Lead

Be part of the action, contribute to the growth, and foster excellence in our water polo community, for more information [click here](#).

SENW Regional Para-Swimming Training Session 23.6.2024

In line with Swim England Talent Team, Swim England North West host a number of training sessions per year for the Regional Development Programme.

The programme is organised to development young talent, with insight into aquatic alignment and underwater streamlining and stroke development. Land training exercise to build mobility, stability and fundamental movement patterns, [click here for further details and to book](#).

SENW Young Volunteer Award (Online)

Please complete the [Expression of Interest form](#) if you would like to be advised of the next available course.

Open Water Officials Training

Swim England Open Water Officials representative, Paul Kendall is looking at running Open Water Technical Officials theory training again this year. Potential dates for the training are as follows (which will be delivered via Zoom and is expected to last approximately 3 hours):

- Saturday 27th April
- Saturday 18th May &/or Sunday 19th May

Expressions of interest should be sent to: openwater@eastswimming.org as soon as possible.

Swim England Diving Judge 1 Course - Registration of Interest

2024 dates now out please [click here to register your interest](#)

Swim England Diving Judge 2 Course - Registration of Interest

The prerequisites for the course are:

- Completion of J1 course
- Active as a J1 for 2 years OR judged at 8 club/regional events and assessed as competent before undertaking J2

[Click here to register your interest](#)

Governance Guidance – Club Structures and Templates

As part of affiliation to Swim England all clubs have to have a constitution i.e. the document that outlines the functions and the rules under which the club operates.

The constitution, together with the club's policies and procedures, helps to protect club members and officers, and makes the club run more smoothly.

If your Club/League/Local Association constitution is due to expire in 2024 please contact

swimnorthwest@swimming.org to ensure you have the correct constitution model template to complete.

Coaching Courses

- **Assistant Artistic Swimming Coach – Leeds (Blended Learning)**, Closing date 2.5.24 [Click here](#).
- **Assistant Swimming Coach – Warrington (Blended Learning)**, Closing date 13.5.24 [Click here](#).
- **Assistant Swimming Coach – Liverpool (Blended Learning)**, Closing date 14.5.24 [Click here](#).
- **Assistant Swimming Coach – Leyland (Blended Learning)**, Closing date 18.5.24 [Click here](#).
- **Assistant Swimming Coach – Barrow (Blended Learning)**, Closing date 27.5.24 [Click here](#).
- **Assistant Artistic Swimming Coach – Irlam (Blended Learning)**, Closing date 11.6.24 [Click here](#).
- **Assistant Swimming Coach – Sale (Blended Learning)**, Closing date 6.8.24 [Click here](#).
- **Assistant Swimming Coach – Birkenhead (Blended Learning)**, Closing date 8.8.24 [Click here](#).
- **Assistant Swimming Coach – Blackpool (Blended Learning)**, Closing date 13.8.24 [Click here](#).
- **Assistant Swimming Coach – Lancaster (Blended Learning)**, Closing date 20.8.24 [Click here](#).
- **Swimming Coach – Workington (Blended Learning)**, Closing date 4.9.24 [Click here](#).

[Click here to see available funding for coaching courses](#).

Volunteer Training Courses

- **SE Safeguarding**, 1.5.24, 6pm – [click here](#)
- **SE Safeguarding**, 16.5.24, 6pm – [click here](#)
- **SE Welfare Officer Training (Time to Listen)**, 17.5.2024, 6pm – [click here](#)
- **Team Manager 1**, 24.5.2024, 1pm – [click here](#)
- **Team Manager 2**, TBC

Please note the Swim England safeguarding course is the only Approved training from 2024, anyone who holds a role which Wavepower states requires safeguarding training will need to complete the Swim England Safeguarding course. This is a bespoke course which covers the important and unique aspects of safeguarding in an aquatic environment.

A Safeguarding refresher module is now available to those who have completed the full Swim England face-to-face / online CPD, [click here](#)

Funding is also available for clubs that complete the refresher and face to face CPD via Swim England/IOS [click here for full details.](#)

Swim England Good Club Governance Workshops

Swim England offer a number of workshops to support clubs and individuals undertaking these roles. To register your interest, please click one of the links below:

- Club Secretary and Membership Officer workshops, 1.5, 20.5, 25.6.24 [click here.](#)
- Club Chairperson information session **Mandatory attendance**, 8.5, 13.5, 24.5, 3.6.24 [click here.](#)
- Club Welfare Officer workshop **Mandatory attendance**, 13.5, 31.5 20.6.24 [click here.](#)
- National Chairs Forum, If you have previously attended or recorded your interest, you don't need to do it again, you will be sent the joining link, [register here.](#)
- National Welfare Forum 26.4.24, Any Welfare Officers who are interested in attending or for further information please [click here.](#)
- SwimMark and Club Affiliation workshop, 7.5.24 [click here.](#)

Buddle

Buddle is there to provide free learning and support resources, to inspire and strengthen clubs and community organisations offering sport and physical activity, and the professionals that work with them.

[Click here for further details.](#)

There's some useful guidance on [Buddle's guide to fundraising.](#)

Careers in Aquatics – see the latest vacancies below

[Winsford Swimming club](#) Head Swimming Coach – closing date 3.5.24

[Wigan Council](#) - Head of Performance Swimming – closing date 30.4.24

Follow us on our social networks



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Kind regards

Swim England North West Limited

E swimnorthwest@swimming.org

Swim England North West – Welfare Officer

What a great start for the Swim England North West summer regional championships.

It was great to see so many swimmers reach their potential and, in some cases, gain qualifying times for national events.

However, we did a small number of welfare / safeguarding issues over the weekend and it would be great if these could be noted so we do not have a repeat of these over the next 2 weekends.

Mobile Phones

We introduced new signage at the event to make everyone aware of the new Wavepower rules which states:

Mobile phones and devices should not be used under any circumstances in a changing room area during Swim England regulated activity. This should be supported by clear signage in changing rooms confirming a zero-tolerance approach to the use of mobile phones in changing areas.

Please see Wavepower Section 3 – Page 82 - <https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>

Despite the signage we still had a small number of athletes and coaches using mobile phones in the changing rooms, this will not be tolerated at future events and could result in withdrawal from events.

The rules are in place to keep everyone safe and your compliance of the rules would be appreciated.

A PDF version of our poster was emailed to clubs last week on the weekly newsletter, please email swimnorthwest@swimming.org if you would like a copy, I would recommend that clubs utilise that resource at local club events.

We will also shortly be making our pull up banners which were on display at the weekend available to clubs to purchase for use at meets across the region to raise further awareness of the policy.

Poolside changing

A number of swimmers over the weekend were changing under towels on the poolside, this is a serious safeguarding issue.

Please remember that the event is being streamed live on YouTube and swimmers were changing directly in front of the cameras, it would only take a slip of a towel for an embarrassing image to be streamed live on the internet, which I am sure would very quickly go viral on social media.

Can all swimmers use the changing rooms at all future SENW events and all other meets across the region.

Glass

Can we remind everyone that under no circumstances should glass be brought poolside.

On Saturday afternoon a glass drinks bottle was poolside which was subsequently smashed on the pool deck.

Luckily on this occasion it was cleaned up quickly by the lifeguard's and the glass did not get into the pool.

This could have turned into a serious incident if someone had been hurt or if glass had got into the pool which would have resulted in the event being cancelled whilst the pool was drained and filters checked.

Good luck to all athletes and clubs over the next 2 weekends.

Beverley Raistick
Swim England North West – Welfare Officer