

2025 Swim England North West Winter Regional Championships

Para Swimming Consideration Times

1. Age as at 31st December 2025
2. Times to be achieved from 6th November 2023 until closing date (Level 1, 2, and 3 only)
3. Times are Long course, conversions will be accepted. With the best time selected.

		Freestyle				Backstroke		Butterfly			Breaststroke			Individual Medley
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		200m
S1	Boys	1:42.08	3:37.33	7:26.90		1:40.45	3:32.48			SB1	2:05.47		SM1	
	Girls	1:22.13	2:56.77	6:22.43		1:46.45	3:32.01				2:09.76			
S2	Boys	1:21.04	2:50.61	6:22.50		1:25.18	3:04.54	1:24.74		SB2	1:29.47		SM2	
	Girls	1:26.30	3:06.42	7:30.34		1:35.01	3:32.93	1:33.23			1:42.93			
S3	Boys	1:11.46	2:28.30	5:19.09		1:11.62		1:15.18		SB3	1:14.38		SM3	
	Girls	1:04.51	2:20.19	5:12.77		1:22.14		1:13.71			1:28.40			
S4	Boys	0:58.00	2:06.30	4:23.74		1:05.58		1:04.77		SB4		2:27.14	SM4	
	Girls	0:59.07	2:06.85	4:34.45		1:16.77		1:04.35			2:47.06			
S5	Boys	0:47.65	1:47.23	3:54.82		0:50.27		0:48.99		SB5		2:16.21	SM5	4:26.48
	Girls	0:54.46	2:06.85	4:27.38		0:59.36		1:02.03			2:40.94			5:13.39
S6	Boys	0:45.71	1:40.77		7:47.87		1:56.35	0:48.82		SB6		2:05.06	SM6	4:12.05
	Girls	0:52.08	1:53.38		8:07.62		2:07.31	0:55.67			2:26.14			4:42.69
S7	Boys	0:43.81	1:36.14		7:20.90		1:49.02	0:46.27		SB7		1:52.51	SM7	3:57.10
	Girls	0:50.62	1:50.74		7:50.85		2:07.15	0:52.78			2:26.30			4:38.80
S8	Boys	0:40.51	1:32.30		7:04.26		1:40.08		1:39.25	SB8		1:47.58	SM8	3:44.91
	Girls	0:47.86	1:41.86		7:33.46		1:55.38		1:51.79		2:07.89			4:18.38
S9	Boys	0:38.34	1:23.57		6:41.25		1:35.55		1:33.20	SB9		1:44.56	SM9	3:31.30
	Girls	0:43.71	1:36.32		7:22.69		1:49.98		1:46.48		1:53.58			4:04.37
S10	Boys	0:37.14	1:21.02		6:20.34		1:31.50		1:26.64	SB10			SM10	3:21.09
	Girls	0:43.87	1:33.02		7:02.53		1:46.72		1:44.77					3:51.76
S11	Boys	0:41.42	1:29.84		7:09.55		1:45.62		1:37.06	SB11		1:52.50	SM11	3:41.06
	Girls	0:46.72	1:45.20		7:51.18		1:57.54		2:00.27		2:07.65			4:13.49
S12	Boys	0:36.78	1:24.30		6:33.52		1:36.02		1:30.88	SB12		1:42.51	SM12	3:29.39
	Girls	0:42.64	1:34.10		6:59.74		1:49.50		1:40.98		1:57.01			3:51.30
S13	Boys	0:37.14	1:21.04		6:21.09		1:30.18		1:26.08	SB13		1:40.75	SM13	3:16.32
	Girls	0:42.50	1:31.74		7:02.27		1:43.42		1:40.18		1:58.56			3:46.30
S14	Boys		1:22.05	2:59.84	6:32.75		1:31.01		1:26.69	SB14		1:40.40	SM14	3:24.00
	Girls		1:30.53	3:17.94	7:07.33		1:45.28		1:41.33		1:55.23			3:45.58