

Please see latest regional information including events and courses that are coming up over the next few months.



## Congratulations to the North West Thunder Girls U14 water polo team

SENW would like to congratulate the North West Thunder U14 water polo team who competed in the Inter-Regional Championships last weekend, click here for all the details.

# **Swim England National Awards 2024**

SENW would like to congratulate Katie Brown Swim England Talent Athlete of the Year. click here for all the details.



## **The Aquatics GB Awards 2024**

SENW would like to congratulate Poppy Maskill - Maurice Watkins Champion Athlete & Para-Swimming Athlete of the Year, Sophie Jackson - Water Polo Athlete of the Year, Isobel Howe - Water Polo Coach of the Year, Amelie Blocksidge - Swimming Emerging Athlete of the Year and all the nominees click here for all the details.

### SENW Young Volunteer Award (Online) 3.3.2025

The Swim England North West Young Volunteer Award is designed to provide young people, between the ages of 14 and 17 the opportunity to develop the necessary knowledge, skills and experience to prepare them as Volunteers within Aquatic Sport. The Award has been designed to suit young people from any Aquatic Discipline, (Swimming, Water Polo, Artistic Swimming and Diving).

For further details and to book <u>click here.</u> If you are unable to attend this date please complete the <u>Expression of Interest form.</u>

### Swim England North West Water Polo Volunteers needed

SENW is seeking dedicated individuals to step into key volunteer roles as Boys Talent Pathway/Inter Region Lead and Coaching Lead. These roles provide a unique opportunity to contribute to the development of young athletes, shape the future of our sport, and collaborate with a passionate team of professionals and volunteers. If you have the skills, experience, and enthusiasm to inspire and support the next generation of swimmers, we encourage you to apply.

For more information or to express your interest, please email swimnorthwest@swimming.org

### Swim England North West Water Polo Regional Level Referee Course 12.1.2025

SENW are pleased to announce a Regional Level Referee Course which is set to be ran on Sunday 12th January at The Pelican Centre, Tyldesley, This course is aimed at volunteers who wish to progress to refereeing at events organised by the Region in the hope to grow our network of local referees, click here for further details.

#### **Swim England North West Coaching Opportunities**

SENW are regularly looking for coaches to get involved in their Regional Activities, these could include: Regional Development Programme (Swimming), Regional Distance Development Programme (Swimming) Regional Training Sessions (Swimming, Artistic Swimming, Water Polo & Diving), Skills Sessions, Para Swimming Training, In addition to assisting the Region to successfully deliver these activities, its aim is to provide individuals with gaining valuable experience, that can be used towards a coach's development. If you would like to be considered to assist on poolside at future Regional activities, please feel free to complete the following form - and we will be in touch. <a href="https://forms.gle/RXkvjbVtPnnrDn7F6">https://forms.gle/RXkvjbVtPnnrDn7F6</a>

## **Swimming Stickers**

Does your club issue stickers to apply to your Swimming Awards? if so and you require either Gold or Silver please contact synchrofoex@gmail.com

#### Artistic Swimming GB Experience 10am-1pm Sat 14th Dec 24. Hengrove Leisure Centre, Bristol

This is a fantastic opportunity is for any athlete NOT currently on a Swim England Talent programme who would like to come to a session at the High Performance Centre, click here for further details.

## **Assistant Chief Recorder Course**

Swim England will be hosting a new course, the Assistant Chief Recorder course. This course is open to those with a National Scorer qualification and will be hosted online on 15th and 21st January. To express interest in the course please <u>click here</u> for additional information please <u>click here</u> For more information please email <u>volunteering@swimming.org</u>

### **Swimming Technical Officials - Judge 1 Theory**

This online learning is the first step to achieving Judge 1 status for swimming technical officiating. It is accessible to anyone who wants to understand the World Aquatics rules relating to swimming and the process of being a Judge Swimming Official and Time Keeper. You must be at least 15 years of age at the start of the course, click here to book.

Reimbursement is available on full completion of the course (both theory and practical sections) please contact <a href="mailto:swimnorthwest@swimnming.org">swimnorthwest@swimnming.org</a> for further details.

## **Swim England Diving Judge**

Judge 1 Course - Click here to register your interest Judge 2 Course - Click here to register your interest

#### A Beginner's Guide to Refereeing Swimming

This free interactive online resource provides support and guidance for officials refereeing small or locally-run competitions, <u>click here for further details</u>.

### World Anti-Doping Agency (WADA) 2025 Prohibited List

Ahead of the New Year, take a look at the World Anti-Doping Agency's Prohibited List, Please be aware of changes to rules around inhaled formoterol which can be used to treat asthma.

Athletes should also recheck their medication from the 1 January on Global DRO to make sure they are not taking anything prohibited. Check medications on Global DRO & View the WADA 2025 List

#### Sudden Cardiac Arrest eLearning

Take a look at UK Coaching's free online course - *Sudden Cardiac Arrest eLearning*. Click here for further details.

## **Governance Guidance – Club Structures and Templates**

As part of affiliation to Swim England all clubs have to have a constitution i.e. the document that outlines the functions and the rules under which the club operates.

The constitution, together with the club's policies and procedures, helps to protect club members and officers, and makes the club run more smoothly.

If your Club/League/Local Association constitution is due to expire in 2024 please contact <a href="mailto:swimmorthwest@swimming.org">swimmorthwest@swimming.org</a> to ensure you have the correct constitution model template to complete.

## **Coaching Courses**

- SE Assistant Water Polo Coach Bolton (Blended Learning), Closing date 23.12.24 Click here
- SE Swimming Coach Sale (Blended Learning), Closing date 1.1.25 Click here
- SE Assistant Swimming Coach Isle of Man (Blended Learning), Closing date 2.1.25 Click here
- SE Assistant Swimming Coach Sandbach (Blended Learning), Closing date 13.1.25 Click here
- SE Swimming Coach Preston (Blended Learning), Closing date 29.1.25 Click here
- SE Assistant Swimming Coach Stockport (Blended Learning), Closing date 3.2.25 <u>Click here</u>
- SE Assistant Swimming Coach Birkenhead (Blended Learning), Closing date 7.2.25 Click here
- SE Assistant Diving Coach Manchester (Blended Learning), Closing date 10.2.25 Click here
- SE Assistant Swimming Coach Sale (Blended Learning), Closing date 16.2.25 Click here
- SE Assistant Artistic Swimming Coach Irlam (Blended Learning), Closing date 13.3.25 Click here

Click here to see available funding for coaching courses.

#### **Volunteer Training Courses**

- SE Safeguarding, 17.1.25, 6pm click here
- SE Safeguarding, 29.1.25, 6pm click here
- SE Welfare Officer Training (Time to Listen), 19.2.25, 6pm click here
- Team Manager 1, 6.2.25. 6pm click here
- Team Manager 2, 28.1.25, 6pm click here

A Safeguarding refresher module is now available to those who have completed the full Swim England face-to-face / online CPD, click here

Funding is also available for clubs that complete the refresher and face to face CPD via Swim England/IOS <u>click</u> here for full details.

#### Safeguarding and welfare

Swim England have launched a new free online course designed to give young people a basic understanding of safeguarding, welfare and best practice, It's aimed at young volunteers and members who don't have a designated role at a club that requires a DBS check, but want to improve their understanding of the topic. Click here for further details

Please note, if you are currently in a role that requires a DBS, the Foundation Safeguarding for Young People course doesn't replace the need for the Full Swim England Safeguarding in Aquatics course.

## **Swim England Good Club Governance Workshops**

Swim England offer a number of workshops to support clubs and individuals undertaking these roles. To register your interest, please click one of the links below:

- Club Secretary and Membership Officer workshops, 8.1.25 <u>click here.</u>
- Club Chairperson information session Mandatory attendance, 13.12.24 click here.
- Club Welfare Officer workshop Mandatory attendance, 13.1.25 click here.
- National Chairs Forum <u>register here.</u>
- National Welfare Forum 18.12.24 click here to register here.
- Chairs online information session Part 1 Swim England have developed and launched a NEW online Chairs information session aimed at those who are new to the role, would like to find out more information about the role or would like a refresher. It runs through the roles and responsibilities of a Club Chair, what developing a club looks like, safeguarding and welfare information and where support is available to Chairs. Please click here to access the online information session.

#### **Buddle**

Buddle is there to provide free learning and support resources, to inspire and strengthen clubs and community organisations offering sport and physical activity, and the professionals that work with them. Click here for further details. There's some useful guidance on <u>Buddle's guide to fundraising</u>.

## Mobile Phone Pull up Banner - For Sale

Swim England's new version of Wavepower contains an important update with regards the usage of mobile devices in changing rooms, to help clubs manage this SENW are producing pull up banners for you to utilize around your changing room areas to highlight the importance, click here if you would like to purchase.

## Follow us on our social networks



Kind regards

**Swim England North West Limited** 

E - swimnorthwest@swimming.org