

SENW/SENE Regional
Para Swimming Championships
Programme of Events

Age as at 31st December 2025

Session 1 – Saturday 28 th September 2025	Session 2 – Saturday 28 th September 2025
Warm Up 13.30 Start Time – 14:00	Time - TBC
101 100m Freestyle	151 200m Freestyle
102 50m Backstroke	152 100m Butterfly
104 100m Individual Medley	153 150m Individual Medley
105 400m Freestyle	154 100m Breaststroke
106 50m Breaststroke	155 50m Butterfly
107 100m Backstroke	156 200m Individual Medley
	157 50m Freestyle