

| Schedule of Events 2025                                                    |              |                             |           |                              |                      |                    |
|----------------------------------------------------------------------------|--------------|-----------------------------|-----------|------------------------------|----------------------|--------------------|
|                                                                            | 3km<br>14/15 | 3KM<br>Masters &<br>Seniors | 2km 12/13 | 1.5KM<br>Masters &<br>Senior | 5km Open &<br>Senior | Safety<br>Briefing |
| Race 1                                                                     |              |                             |           |                              |                      |                    |
| Registration Opens for 3km 14/15, Senior 18-24 3km & 3km Masters           | 10:30        |                             |           |                              |                      | 13:00-<br>13:45    |
| Registration Closes for 3km 14/15, Senior 18-24 3km, & 3km Masters         | 11:30        |                             |           |                              |                      |                    |
| Acclimatisation for 3km 14/15, Senior 18-24 & 3km Masters                  | 13:45        |                             |           |                              |                      |                    |
| Start Race 1 - 3km 14/15, Senior 18-24 3km & 3km Masters                   | 14:00        |                             |           |                              |                      |                    |
| Cut Off Race 1                                                             | 15:30        |                             |           |                              |                      |                    |
| Race 2                                                                     |              |                             |           |                              |                      |                    |
| Registration Opens for 2km 12/13, S7-S14 2km & 1.5km Masters, 1.5km 18-24  |              |                             | 12:00     |                              |                      | 13:00-<br>13:45    |
| Registration Closes for 2km 12/13, S7-S14 2km & 1.5km Masters, 1.5km 18-24 |              |                             | 13:00     |                              |                      |                    |
| Acclimatisation for 2km 12/13, S7-S14 2km & 1.5km Masters, 1.5km 18-24     |              |                             | 15:15     |                              |                      |                    |
| Start Race 2 - 2km 12/13, S7-S14 2km & 1.5km Masters, 1.5km 18-24          |              |                             | 15:30     |                              |                      |                    |
| Cut Off Race 2                                                             |              |                             | 16:30     |                              |                      |                    |
| Race 3                                                                     |              |                             |           |                              |                      |                    |
| Registration Opens for 5km                                                 |              |                             |           |                              | 14:15                | 15:15 -<br>16:00   |
| Registration Closes for 5km                                                |              |                             |           |                              | 15:15                |                    |
| Acclimatisation for 5km Open & 5km 18-24                                   |              |                             |           |                              | 16:15                |                    |
| Start Race 3 - 5km                                                         |              |                             |           |                              | 16:30                |                    |
| Cut Off Race 3                                                             |              |                             |           |                              | 18:30                |                    |