

# Grade Assessment Day

Grades available – Virtual Routine 1-5

Region: North West

Assessment Address: Virtual

Video Submission Date: Saturday 13<sup>th</sup> September 2025

Judging: Friday 19<sup>th</sup> to Sunday 21<sup>st</sup> September 2025

## Senior Judge – Sara Dixon

Closing date for applications: 3<sup>rd</sup> September 2025 – Swimmer codes will be sent as soon as applications are received and processed prior to this date.

## Applications

Please complete the form below and email it to:

- Email [synchrofoex@gmail.com](mailto:synchrofoex@gmail.com)
- Payment should be made following the link below once your club has been notified that entries have been accepted.
- **£10.00** per swimmer, per grade entry.
- Payment link please TBC.
- **Clubs must send applications in bulk, no individual applications from swimmers will be accepted.** There will be approximately 100 applications accepted, 50% of which will be from regional applicants. Your club will be advised in advance of the swimmers who have been allocated a place to take their assessment plus full arrangements for the day.
- Judges to accompany swimmers: clubs are to provide sufficient, appropriately qualified assessors to accompany their swimmers, as follows:

|                |                            |
|----------------|----------------------------|
| 1 – 5 swimmers | 1 judge will be required,  |
| 6 -15 swimmers | 2 judges will be required. |
| 16-25 swimmers | 3 judges.                  |

This will increase in multiples of ten.

- Clubs must send a Level 2 or 3 judge if submitting Grade 3, 4 and 5 for assessment. Failing to supply this level of assessor may preclude your swimmers from being assessed if we do not have sufficient assessors to cover.
- Clubs also need to provide at least one volunteer to support the event.
- Clubs must communicate who the responsible coach and team manager is for the swimmers during the assessment. This can be shared between clubs.

Please complete and return the club coordinator, judges and volunteer information form and return by email.

**Important note: Swimmers cannot retake a Grade within one calendar month of a previous failed attempt but may attempt a grade again to obtain a higher pass level. Club coaches must sign to confirm swimmers are ready to attempt the grade entered for.**

**Swimmers may only attempt Figure or Routine grade 4 or 5 at the appropriate age related time:**

**E.g. Figure grade 4 – September 1st of the year before they turn 13**

**Figure grade 5 – September 1st of the year before they turn 15**

# General Conditions

## Black costume and white hat to be worn

1. All elements must be attempted and awarded a mark.
2. The result will be determined by the average mark over the 10 elements.
3. All elements have to contain the minimum requirements to achieve the bronze pass mark of a 5.0.
4. If more than 2 elements have a score of less than 4.5 it will be an automatic fail.
5. Unless otherwise stated, movements should be performed relatively stationary and in uniform motion.
6. Assessments will mimic a competition and all swimmers can only attempt each element once.
7. For the entries in routine grades, the water depth must be at least 1.8 meters.
8. For figure grades 3-5 an appropriate depth of water should be available for vertical descents and spins.
9. For dry land skills swimmers must wear fitted shorts or leggings.
10. Judges are asked to highlight any areas in which the swimmers are not yet competent in the feedback box.
11. No retakes will be offered unless requested by the supervising Level 3 Judge.
12. All figures will be judged following the current World Aquatics judging guide.
13. Any concerns about how an assessment has taken place must be brought to the supervising Level 3 Judge by a coach or team manager from the club during the assessment time.

# Club entry form

|  |                      |                         |           |                           |  |
|--|----------------------|-------------------------|-----------|---------------------------|--|
| Centre:  |                      |                         |           | Date:                     |  |
| Name of club:  |                      |                         |           |                           |  |
| Club coordinator:  |                      |                         |           |                           |  |
| Name:  |                      |                         |           |                           |  |
| Address:   |                      |                         |           |                           |  |
| Contact email:   |                      |                         |           |                           |  |
| Contact phone:   |                      |                         |           |                           |  |
| Contact mobile:  |                      |                         |           |                           |  |
| *Please note contact will be by email unless within the last 48 hours    |                      |                         |           |                           |  |
| I confirm that all swimmers are ready to attempt the Grades applied for. |                      |                         |           |                           |  |
|  |                      |                         |           | Signed by Club Head Coach |  |
| Figures 1  | Figures 2            | Figures 3               | Figures 4 | Figures 5                 |  |
| Routine 1  | Routine 2            | Routine 3               | Routine 4 | Routine 5                 |  |
| Name of Judges and volunteers:   | Swim England number. | Qualification of Judge: |           | Contact email             |  |
| Name of Coaches and TM   | Swim England number. | DBS number              |           | Contact email             |  |

## Important notes:

1. All clubs must provide sufficient, appropriately qualified judges to accompany their swimmers.
2. Clubs must also send a Level 2 Judge if submitting grade 3, 4 & 5 for assessment.

Failing to supply this level of assessor may preclude your swimmers from being judges if we do not have sufficient assessors to cover the day

