

2026 SENW Summer Regional Championships

Consideration Times - Long Course Times

Times for the Swim England North West Summer Regional Championships 2026 – Closing for entries 17th March 2026

Please note:

These are **consideration times** NOT qualification times. Following closure of entries the fastest submitted times in the age groups as indicated below, in all events except 800m and 1500m freestyle will be accepted (1) 11/12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs/over fastest 24 entries in each age group. For the 800m and 1500m freestyle events the fastest 8 submitted times in each age group will be accepted.

Qualifying Window is from 5th May 2025 and the 17th March 2026. Consideration times below are calculated using a combination of 'Long Course (50m) times' and converted 'short course (25m) times'. No preference will be given to long course or short course times for entries with the best time selected.

Open/Male						Events	Female					
11&12	13	14	15	16	17/Over		11&12	13	14	15	16	17/Over
00:33.59	00:30.99	00:29.59	00:28.59	00:27.59	00:25.99	50m Freestyle	00:32.59	00:31.59	00:29.99	00:29.59	00:28.99	00:28.59
01:12.59	01:07.59	01:03.59	01:00.99	00:58.99	00:56.59	100m Freestyle	01:11.59	01:07.59	01:05.59	01:04.59	01:03.59	01:01.99
02:37.99	02:26.99	02:18.99	02:14.99	02:10.99	02:05.59	200m Freestyle	02:36.59	02:26.99	02:22.99	02:19.99	02:17.99	02:14.99
05:39.99	05:17.99	04:57.99	04:48.59	04:44.59	04:34.99	400m Freestyle	05:33.99	05:15.99	04:59.99	04:57.99	04:55.59	04:49.99
11:29.99	10:39.99	10:05.99	09:49.99	09:40.99	09:24.99	800m Freestyle	11:24.99	10:42.99	10:15.99	10:04.99	09:57.99	09:49.99
21:29.99	20:34.99	19:24.99	18:48.59	18:30.99	18:09.99	1500m Freestyle	21:29.99	20:34.99	19:59.99	19:09.99	18:59.99	18:44.99
00:43.99	00:39.99	00:37.99	00:35.99	00:34.59	00:33.59	50m Breaststroke	00:42.59	00:40.59	00:38.99	00:38.59	00:37.99	00:36.99
01:37.99	01:30.99	01:23.59	01:19.99	01:17.59	01:13.99	100m Breaststroke	01:33.99	01:28.99	01:26.59	01:24.59	01:23.59	01:21.59
03:29.99	03:14.99	03:01.99	02:52.99	02:50.59	02:44.99	200m Breaststroke	03:22.59	03:13.59	03:06.99	03:03.99	03:02.99	02:58.99
00:36.99	00:33.99	00:31.99	00:30.59	00:28.99	00:27.99	50m Butterfly	00:35.99	00:34.59	00:32.99	00:31.99	00:31.59	00:30.99
01:32.99	01:20.59	01:12.99	01:08.99	01:06.59	01:03.59	100m Butterfly	01:25.99	01:18.99	01:14.99	01:12.59	01:11.59	01:08.99
03:18.99	03:05.59	02:50.99	02:35.99	02:32.99	02:27.59	200m Butterfly	03:18.99	03:05.59	02:51.99	02:41.99	02:40.99	02:39.99
00:38.99	00:35.99	00:33.59	00:31.99	00:31.59	00:29.59	50m Backstroke	00:38.59	00:35.99	00:34.99	00:34.59	00:33.59	00:32.59
01:22.59	01:18.59	01:12.99	01:09.59	01:08.59	01:06.59	100m Backstroke	01:21.99	01:16.99	01:14.59	01:12.59	01:10.99	01:09.59
03:02.99	02:48.99	02:37.99	02:30.99	02:29.99	02:23.99	200m Backstroke	02:56.59	02:45.99	02:39.99	02:36.99	02:35.59	02:32.99
03:00.99	02:48.59	02:39.59	02:32.59	02:29.99	02:28.59	200m Ind. Medley	02:56.99	02:48.59	02:42.59	02:39.99	02:37.99	02:33.99
06:24.99	06:05.99	05:45.99	05:35.99	05:25.99	05:15.99	400m Ind. Medley	06:24.99	06:05.99	05:49.99	05:40.99	05:39.99	05:35.99