

2026 Swim England North West Summer Regional Championships

Long Course - Para Swimming Consideration Times

Age at 31st Dec 2026, Times to be achieved from 5th May 2025 until closing date (Level 1, 2, and 3 only), Conversions will be accepted.

DWSREFT25		Freestyle				Backstroke		Butterfly			Breaststroke			IM
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		200m
Open/Male	S1	1:42.08	3:37.33	7:26.90		1:40.45	3:32.48			SB1	2:05.47		SM1	
Female		1:22.13	2:56.77	6:22.43		1:46.45	3:53.01				2:09.76			
Open/Male	S2	1:21.04	2:50.61	6:22.27		1:21.49	3:01.87	1:23.79		SB2	1:29.47		SM2	
Female		1:26.30	3:06.42	7:26.98		1:39.26	3:32.93	1:33.23			1:42.93			
Open/Male	S3	1:11.46	2:28.30	5:19.09		1:11.62		1:15.18		SB3	1:16.86		SM3	
Female		1:04.05	2:20.19	5:12.77		1:25.70		1:12.78			1:25.20			
Open/Male	S4	56.98	2:06.30	4:23.74		1:05.58		1:00.83		SB4		2:27.14	SM4	
Female		59.07	2:06.85	4:34.45		1:17.38		1:04.35				2:47.06		
Open/Male	S5	46.93	1:47.23	3:53.58		50.27		48.45		SB5		2:16.21	SM5	4:26.48
Female		54.46	1:54.74	4:19.78		59.36		1:01.07				2:40.94		5:13.39
Open/Male	S6	45.71	1:40.32		7:40.85		1:56.35	48.82		SB6		2:04.14	SM6	4:11.70
Female		52.08	1:51.49		8:07.31		2:07.10	55.28				2:26.08		4:40.11
Open/Male	S7	42.21	1:35.39		7:20.90		1:48.16	46.00		SB7		1:52.51	SM7	3:57.10
Female		50.62	1:49.58		7:46.40		2:07.15	52.78				2:17.74		4:33.44
Open/Male	S8	40.51	1:32.30		7:01.17		1:40.08		1:39.25	SB8		1:47.58	SM8	3:44.91
Female		47.86	1:41.86		7:33.46		1:50.50		1:51.55			2:02.91		4:12.64
Open/Male	S9	38.24	1:23.57		6:41.25		1:35.55		1:32.78	SB9		1:44.45	SM9	3:31.25
Female		43.65	1:34.99		7:22.69		1:48.67		1:44.30			1:53.58		4:04.37
Open/Male	S10	36.86	1:21.02		6:20.34		1:31.50		1:26.64	SB10			SM10	3:21.09
Female		43.36	1:33.02		7:02.53		1:46.72		1:44.77					3:51.76
Open/Male	S11	41.42	1:29.84		7:06.14		1:45.34		1:34.40	SB11		1:52.50	SM11	3:36.24
Female		46.34	1:43.34		7:50.51		1:57.02		2:00.27			2:03.95		4:12.43
Open/Male	S12	36.78	1:24.30		6:33.52		1:34.43		1:30.80	SB12		1:42.51	SM12	3:29.39
Female		42.58	1:34.10		6:59.74		1:48.56		1:40.98			1:56.06		3:51.30
Open/Male	S13	37.14	1:21.04		6:21.09		1:30.18		1:25.95	SB13		1:38.94	SM13	3:15.25
Female		42.50	1:31.74		7:02.27		1:43.42		1:40.18			1:58.56		3:46.30
Open/Male	S14		1:21.71	2:58.08	6:32.75		1:30.43		1:26.69	SB14		1:40.40	SM14	
Female			1:30.53	3:17.94	7:07.33		1:43.44		1:40.80			1:55.23		