

# SENW Summer Regionals - Programme

Age as at 31st December 2026

## Session 1 - Saturday 28th March 2026

Venue - Liverpool - 08:00am Warm Up

Withdrawals from Heats - No Later than start of Warm Up

101	Female 14 Yrs/Under 200m Freestyle	Heats
102	Open/Male 14 /Under 200m Breaststro	Heats
103	Female 14 Yrs/Under 100m Backstroke	Heats
104	Open/Male 14 /Under 100m Butterfly	Heats
105	Female 14 Yrs/Under 200m IM	Heats

Withdrawals from finals - Cut Off 20 Minutes after Event 105

106	Open/Male 14 /Under 400m Freestyle	Heats
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### Finals

107	Female 11/12 Yrs 200m Freestyle	Final
108	Female 13 Yrs 200m Freestyle	Final
109	Female 14 Yrs 200m Freestyle	Final
110	Open/Male 11/12 Yrs 200m Breaststro	Final
111	Open/Male 13 Yrs 200m Breaststroke	Final
112	Open/Male 14 Yrs 200m Breaststroke	Final
113	Female 11/12 Yrs 100m Backstroke	Final
114	Female 13 Yrs 100m Backstroke	Final
115	Female 14 Yrs 100m Backstroke	Final
116	Open/Male 11/12 Yrs 100m Butterfly	Final
117	Open/Male 13 Yrs 100m Butterfly	Final
118	Open/Male 14 Yrs 100m Butterfly	Final
119	Female 11/12 Yrs 200m IM	Final
120	Female 13 Yrs 200m IM	Final
121	Female 14 Yrs 200m IM	Final
122	Open/Male 14 /Under 400m Freestyle	Last Heat

## Session 2 - Saturday 28th March 2026

Venue - Liverpool - TBC Warm Up

Withdrawals from Heats - No Later than start of Warm Up

151	Female 14 Yrs/Under 200m Butterfly	Heats
152	Open/Male 14 /Under 200m Backstroke	Heats
153	Female 14 /Under 100m Breaststroke	Heats
154	Open/Male 14 /Under 100m Freestyle	Heats

Withdrawals from finals - Cut Off 20 Minutes after Event 154

155	Female 14 Yrs/Under 400m IM	Heats
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### Finals

156	Female 11/12 Yrs 200m Butterfly	Final
157	Female 13 Yrs 200m Butterfly	Final
158	Female 14 Yrs 200m Butterfly	Final
159	Open/Male 11/12 Yrs 200m Backstroke	Final
160	Open/Male 13 Yrs 200m Backstroke	Final
161	Open/Male 14 Yrs 200m Backstroke	Final
162	Female 11/12 Yrs 100m Breaststroke	Final
163	Female 13 Yrs 100m Breaststroke	Final
164	Female 14 Yrs 100m Breaststroke	Final
165	Open/Male 11/12 Yrs 100m Freestyle	Final
166	Open/Male 13 Yrs 100m Freestyle	Final
167	Open/Male 14 Yrs 100m Freestyle	Final
168	Female 14 Yrs/Under 400m IM	Last Heat

# SENW Summer Regionals - Programme

Age as at 31st December 2026

Session 3 - Sunday 28th March 2026		
Venue - Liverpool - 08:00am Warm Up		
Withdrawals from Heats - No Later than start of Warm Up		
201	Open/Male 14 /Under 200m Freestyle	Heats
202	Female 14 /Under 200m Breaststroke	Heats
203	Open/Male 14 /Under 100m Backstroke	Heats
204	Female 14 Yrs/Under 100m Butterfly	Heats
205	Open/Male 14 Yrs/Under 200m IM	Heats
Withdrawals from finals - Cut Off 20 Minutes after Event 205		
206	Female 14 Yrs/Under 400m Freestyle	Heats

Finals		
207	Open/Male 11/12 Yrs 200m Freestyle	Final
208	Open/Male 13 Yrs 200m Freestyle	Final
209	Open/Male 14 Yrs 200m Freestyle	Final
210	Female 11/12 Yrs 200m Breaststroke	Final
211	Female 13 Yrs 200m Breaststroke	Final
212	Female 14 Yrs 200m Breaststroke	Final
213	Open/Male 11/12 Yrs 100m Backstroke	Final
214	Open/Male 13 Yrs 100m Backstroke	Final
215	Open/Male 14 Yrs 100m Backstroke	Final
216	Female 11/12 Yrs 100m Butterfly	Final
217	Female 13 Yrs 100m Butterfly	Final
218	Female 14 Yrs 100m Butterfly	Final
219	Open/Male 11/12 Yrs 200m IM	Final
220	Open/Male 13 Yrs 200m IM	Final
221	Open/Male 14 Yrs 200m IM	Final
222	Female 14 Yrs/Under 400m Freestyle	Last Heat

Session 3 - Sunday 28th March 2026		
Venue - Liverpool - TBC Warm Up		
Withdrawals from Heats - No Later than start of Warm Up		
251	Open/Male 14 /Under 200m Butterfly	Heats
252	Female 14 Yrs/Under 200m Backstroke	Heats
253	Open/Male 14 /Under 100m Breaststro	Heats
254	Female 14 Yrs/Under 100m Freestyle	Heats
Withdrawals from finals - Cut Off 20 Minutes after Event 254		
255	Open/Male 14 Yrs/Under 400m IM	Heats

Finals		
256	Open/Male 11/12 Yrs 200m Butterfly	Final
257	Open/Male 13 Yrs 200m Butterfly	Final
258	Open/Male 14 Yrs 200m Butterfly	Final
259	Female 11/12 Yrs 200m Backstroke	Final
260	Female 13 Yrs 200m Backstroke	Final
261	Female 14 Yrs 200m Backstroke	Final
262	Open/Male 11/12 Yrs 100m Breaststro	Final
263	Open/Male 13 Yrs 100m Breaststroke	Final
264	Open/Male 14 Yrs 100m Breaststroke	Final
265	Female 11/12 Yrs 100m Freestyle	Final
266	Female 13 Yrs 100m Freestyle	Final
267	Female 14 Yrs 100m Freestyle	Final
268	Open/Male 14 Yrs/Under 400m IM	Last Heat

# SENW Summer Regionals - Programme

Age as at 31st December 2026

## Session 5(A) - Saturday 25th April 2026

### Venue - Manchester - 08:00am Warm Up

Withdrawals from Heats - No Later than start of Warm Up  
Including Last Heat of Distance Event 309

301	Open/Male 11 /Over 800m Freestyle	Heats
302	Female 11 Yrs/Over 50m Freestyle	Heats
303	Open/Male 11 /Over 50m Backstroke	Heats
304	Female 11 Yrs/Over 50m Breaststroke	Heats
305	Open/Male 11 Yrs/Over 50m Butterfly	Heats

Withdrawals from finals - Cut Off 20 Minutes after Event 305

## Session 6(A) - Sunday 26th April 2026

### Venue - Manchester - 08:00am Warm Up

Withdrawals from Heats - No Later than start of Warm Up  
Including Last Heat of Distance Event 359

351	Female 11 Yrs/Over 800m Freestyle	Heats
352	Open/Male 11 Yrs/Over 50m Freestyle	Heats
353	Female 11 Yrs/Over 50m Backstroke	Heats
354	Open/Male 11 /Over 50m Breaststroke	Heats
355	Female 11 Yrs/Over 50m Butterfly	Heats

Withdrawals from finals - Cut Off 20 Minutes after Event 355

## Session 5(B) - Saturday 25th April 2026

### Venue - Manchester - TBC Warm Up

306	Female 11 Yrs/Over 1500m Freestyle	Heats
<b>Relays</b>		
307	Open/Male 17 /Over 400m Free Team	Heats
308	Female 17 Yrs/Over 400m Free Team	Heats

### Finals

309	Open/Male 11 /Over 800m Freestyle	Last Heat
310	Female 11/12 Yrs 50m Freestyle	Final
311	Female 13 Yrs 50m Freestyle	Final
312	Female 14 Yrs 50m Freestyle	Final
313	Female 15 Yrs 50m Freestyle	Final
314	Female 16 Yrs 50m Freestyle	Final
315	Female 17 Yrs/Over 50m Freestyle	Final
316	Open/Male 11/12 Yrs 50m Backstroke	Final
317	Open/Male 13 Yrs 50m Backstroke	Final
318	Open/Male 14 Yrs 50m Backstroke	Final
319	Open/Male 15 Yrs 50m Backstroke	Final
320	Open/Male 16 Yrs 50m Backstroke	Final
321	Open/Male 17 /Over 50m Backstroke	Final
322	Female 11/12 Yrs 50m Breaststroke	Final
323	Female 13 Yrs 50m Breaststroke	Final
324	Female 14 Yrs 50m Breaststroke	Final
325	Female 15 Yrs 50m Breaststroke	Final
326	Female 16 Yrs 50m Breaststroke	Final
327	Female 17 Yrs/Over 50m Breaststroke	Final
328	Open/Male 11/12 Yrs 50m Butterfly	Final
329	Open/Male 13 Yrs 50m Butterfly	Final
330	Open/Male 14 Yrs 50m Butterfly	Final
331	Open/Male 15 Yrs 50m Butterfly	Final
332	Open/Male 16 Yrs 50m Butterfly	Final
333	Open/Male 17 Yrs/Over 50m Butterfly	Final
334	Female 11 Yrs/Over 1500m Freestyle	Last Heat

### Relays

335	Female 14/16 Yrs 800m Free Team	Heats
336	Open/Male 14/16 Yrs 800m Free Team	Heats
337	Female 17 Yrs/Over 400m Medley Team	Heats
338	Open/Male 17 /Over 400m Medley Team	Heats

## Session 6(B) - Sunday 26th April 2026

### Venue - Manchester - TBC Warm Up

356	Open/Male 11 /Over 1500m Freestyle	Heats
<b>Relays</b>		
357	Female 14/16 Yrs 400m Free Team	Heats
358	Open/Male 14/16 Yrs 400m Free Team	Heats

### Finals

359	Female 11 Yrs/Over 800m Freestyle	Last Heat
360	Open/Male 11/12 Yrs 50m Freestyle	Final
361	Open/Male 13 Yrs 50m Freestyle	Final
362	Open/Male 14 Yrs 50m Freestyle	Final
363	Open/Male 15 Yrs 50m Freestyle	Final
364	Open/Male 16 Yrs 50m Freestyle	Final
365	Open/Male 17 Yrs/Over 50m Freestyle	Final
366	Female 11/12 Yrs 50m Backstroke	Final
367	Female 13 Yrs 50m Backstroke	Final
368	Female 14 Yrs 50m Backstroke	Final
369	Female 15 Yrs 50m Backstroke	Final
370	Female 16 Yrs 50m Backstroke	Final
371	Female 17 Yrs/Over 50m Backstroke	Final
372	Open/Male 11/12 Yrs 50m Breaststroke	Final
373	Open/Male 13 Yrs 50m Breaststroke	Final
374	Open/Male 14 Yrs 50m Breaststroke	Final
375	Open/Male 15 Yrs 50m Breaststroke	Final
376	Open/Male 16 Yrs 50m Breaststroke	Final
377	Open/Male 17 /Over 50m Breaststroke	Final
378	Female 11/12 Yrs 50m Butterfly	Final
379	Female 13 Yrs 50m Butterfly	Final
380	Female 14 Yrs 50m Butterfly	Final
381	Female 15 Yrs 50m Butterfly	Final
382	Female 16 Yrs 50m Butterfly	Final
383	Female 17 Yrs/Over 50m Butterfly	Final
384	Open/Male 11 /Over 1500m Freestyle	Last Heat

### Relays

385	Female 17 Yrs/Over 800m Free Team	Heats
386	Open/Male 17 /Over 800m Free Team	Heats
387	Female 14/16 Yrs 400m Medley Team	Heats
388	Open/Male 14/16 Yrs 400m Medley Tea	Heats

# SENW Summer Regionals - Programme

Age as at 31st December 2026

Session 7 - Saturday 2nd May 2026		
Venue - Liverpool - 08:00am Warm Up		
Withdrawals from Heats - No Later than start of Warm Up		
401	Female 15 Yrs/Over 200m Freestyle	Heats
402	Open/Male 15 /Over 200m Breaststrok	Heats
403	Female 15 Yrs/Over 100m Backstroke	Heats
404	Open/Male 15 /Over 100m Butterfly	Heats
405	Female 15 Yrs/Over 200m IM	Heats
Withdrawals from finals - Cut Off 20 Minutes after Event 405		
406	Open/Male 15 /Over 400m Freestyle	Heats

Finals		
407	Female 15 Yrs 200m Freestyle	Final
408	Female 16 Yrs 200m Freestyle	Final
409	Female 17 Yrs/Over 200m Freestyle	Final
410	Open/Male 15 Yrs 200m Breaststroke	Final
411	Open/Male 16 Yrs 200m Breaststroke	Final
412	Open/Male 17 /Over 200m Breaststrok	Final
413	Female 15 Yrs 100m Backstroke	Final
414	Female 16 Yrs 100m Backstroke	Final
415	Female 17 Yrs/Over 100m Backstroke	Final
416	Open/Male 15 Yrs 100m Butterfly	Final
417	Open/Male 16 Yrs 100m Butterfly	Final
418	Open/Male 17 /Over 100m Butterfly	Final
419	Female 15 Yrs 200m IM	Final
420	Female 16 Yrs 200m IM	Final
421	Female 17 Yrs/Over 200m IM	Final
422	Open/Male 15 /Over 400m Freestyle	Last Heat

Session 8 - Saturday 2nd May 2026		
Venue - Liverpool - TBC Warm Up		
Withdrawals from Heats - No Later than start of Warm Up		
451	Female 15 Yrs/Over 200m Butterfly	Heats
452	Open/Male 15 /Over 200m Backstroke	Heats
453	Female 15 /Over 100m Breaststroke	Heats
454	Open/Male 15 /Over 100m Freestyle	Heats
Withdrawals from finals - Cut Off 20 Minutes after Event 454		
455	Female 15 Yrs/Over 400m IM	Heats

Finals		
456	Female 15 Yrs 200m Butterfly	Final
457	Female 16 Yrs 200m Butterfly	Final
458	Female 17 Yrs/Over 200m Butterfly	Final
459	Open/Male 15 Yrs 200m Backstroke	Final
460	Open/Male 16 Yrs 200m Backstroke	Final
461	Open/Male 17 /Over 200m Backstroke	Final
462	Female 15 Yrs 100m Breaststroke	Final
463	Female 16 Yrs 100m Breaststroke	Final
464	Female 17 /Over 100m Breaststroke	Final
465	Open/Male 15 Yrs 100m Freestyle	Final
466	Open/Male 16 Yrs 100m Freestyle	Final
467	Open/Male 17 /Over 100m Freestyle	Final
468	Female 15 Yrs/Over 400m IM	Last Heat

# SENW Summer Regionals - Programme

Age as at 31st December 2026

Session 9 - Sunday 3rd May 2026		
Venue - Liverpool - 08:00am Warm Up		
Withdrawals from Heats - No Later than start of Warm Up		
501	Open/Male 15 /Over 200m Freestyle	Heats
502	Female 15 /Over 200m Breaststroke	Heats
503	Open/Male 15 /Over 100m Backstroke	Heats
504	Female 15 Yrs/Over 100m Butterfly	Heats
505	Open/Male 15 Yrs/Over 200m IM	Heats
Withdrawals from finals - Cut Off 20 Minutes after Event 505		
506	Female 15 Yrs/Over 400m Freestyle	Heats

Finals		
507	Open/Male 15 Yrs 200m Freestyle	Final
508	Open/Male 16 Yrs 200m Freestyle	Final
509	Open/Male 17 /Over 200m Freestyle	Final
510	Female 15 Yrs 200m Breaststroke	Final
511	Female 16 Yrs 200m Breaststroke	Final
512	Female 17 /Over 200m Breaststroke	Final
513	Open/Male 15 Yrs 100m Backstroke	Final
514	Open/Male 16 Yrs 100m Backstroke	Final
515	Open/Male 17 /Over 100m Backstroke	Final
516	Female 15 Yrs 100m Butterfly	Final
517	Female 16 Yrs 100m Butterfly	Final
518	Female 17 Yrs/Over 100m Butterfly	Final
519	Open/Male 15 Yrs 200m IM	Final
520	Open/Male 16 Yrs 200m IM	Final
521	Open/Male 17 Yrs/Over 200m IM	Final
522	Female 15 Yrs/Over 400m Freestyle	Last Heat

Session 10 - Sunday 3rd May 2026		
Venue - Liverpool - TBC Warm Up		
Withdrawals from Heats - No Later than start of Warm Up		
551	Open/Male 15 /Over 200m Butterfly	Heats
552	Female 15 Yrs/Over 200m Backstroke	Heats
553	Open/Male 15 /Over 100m Breaststroke	Heats
554	Female 15 Yrs/Over 100m Freestyle	Heats
Withdrawals from finals - Cut Off 20 Minutes after Event 554		
555	Open/Male 15 Yrs/Over 400m IM	Heats

Finals		
556	Open/Male 15 Yrs 200m Butterfly	Final
557	Open/Male 16 Yrs 200m Butterfly	Final
558	Open/Male 17 /Over 200m Butterfly	Final
559	Female 15 Yrs 200m Backstroke	Final
560	Female 16 Yrs 200m Backstroke	Final
561	Female 17 Yrs/Over 200m Backstroke	Final
562	Open/Male 15 Yrs 100m Breaststroke	Final
563	Open/Male 16 Yrs 100m Breaststroke	Final
564	Open/Male 17 /Over 100m Breaststroke	Final
565	Female 15 Yrs 100m Freestyle	Final
566	Female 16 Yrs 100m Freestyle	Final
567	Female 17 Yrs/Over 100m Freestyle	Final
568	Open/Male 15 Yrs/Over 400m IM	Last Heat