

SENW Summer Regionals – Programme

Age as at 31st December 2026

Session 1 – Saturday 28 th March 2026	Session 2 – Saturday 28 th March 2026
Venue – Liverpool Time – 0800 WU	Venue – Liverpool Time – TBC WU
101 Female 14 & Under 200m Freestyle	151 Female 14 & Under 200m Butterfly
102 Open 14 & Under 200m Breaststroke	152 Open 14 & Under 200m Backstroke
103 Female 14 & Under 100m Backstroke	153 Female 14 & Under 100m Breaststroke
104 Open 14 & Under 100m Butterfly	154 Open 14 & Under 100m Freestyle
105 Female 14 & Under 200m I.M.	Withdrawal from finals cut off 20 mins after event 154
Withdrawal from finals cut off 20 mins after event 105	155 Female 14 & Under 400m I.M. (HDW)
106 Open 14 & Under 400m Freestyle (HDW)	
Finals	Finals
107 Female 11/12 200m Freestyle	156 Female 11/12 200m Butterfly
108 Female 13 200m Freestyle	157 Female 13 200m Butterfly
109 Female 14 200m Freestyle	158 Female 14 200m Butterfly
110 Open 11/12 200m Breaststroke	159 Open 11/12 200m Backstroke
111 Open 13 200m Breaststroke	160 Open 13 200m Backstroke
112 Open 14 200m Breaststroke	161 Open 14 200m Backstroke
113 Female 11/12 100m Backstroke	162 Female 11/12 100m Breaststroke
114 Female 13 100m Backstroke	163 Female 13 100m Breaststroke
115 Female 14 100m Backstroke	164 Female 14 100m Breaststroke
116 Open 11/12 100m Butterfly	165 Open 11/12 100m Freestyle
117 Open 13 100m Butterfly	166 Open 13 100m Freestyle
118 Open 14 100m Butterfly	167 Open 14 100m Freestyle
119 Female 11/12 200m I.M.	168 Female 14 & Under 400m I.M. (Final Heat HDW)
120 Female 13 200m I.M.	
121 Female 14 200m I.M.	
122 Open 14 & Under 400m Freestyle (Final Heat HDW)	

Session 3 – Sunday 29 th March 2026		Session 4 – Sunday 29 th March 2026	
Venue – Liverpool Time – 0800 WU		Venue – Liverpool Time – TBC WU	
201 Open 14 & Under 200m Freestyle		251 Open 14 & Under 200m Butterfly	
202 Female 14 & Under 200m Breaststroke		252 Female 14 & Under 200m Backstroke	
203 Open 14 & Under 100m Backstroke		253 Open 14 & Under 100m Breaststroke	
204 Female 14 & Under 100m Butterfly		254 Female 14 & Under 100m Freestyle	
205 Open 14 & Under 200m I.M.		Withdrawal from finals cut off 20 mins after event 254	
Withdrawal from finals cut off 20 mins after event 205		255 Open 14 & Under 400m I.M. (HDW)	
206 Female 14 & Under 400m Freestyle (HDW)			
<u>Finals</u>		<u>Finals</u>	
207 Open 11/12 200m Freestyle		256 Open 11/12 200m Butterfly	
208 Open 13 200m Freestyle		257 Open 13 200m Butterfly	
209 Open 14 200m Freestyle		258 Open 14 200m Butterfly	
210 Female 11/12 200m Breaststroke		259 Female 11/12 200m Backstroke	
211 Female 13 200m Breaststroke		260 Female 13 200m Backstroke	
212 Female 14 200m Breaststroke		261 Female 14 200m Backstroke	
213 Open 11/12 100m Backstroke		262 Open 11/12 100m Breaststroke	
214 Open 13 100m Backstroke		263 Open 13 100m Breaststroke	
215 Open 14 100m Backstroke		264 Open 14 100m Breaststroke	
216 Female 11/12 100m Butterfly		265 Female 11/12 100m Freestyle	
217 Female 13 100m Butterfly		266 Female 13 100m Freestyle	
218 Female 14 100m Butterfly		267 Female 14 100m Freestyle	
219 Open 11/12 200m I.M.		268 Open 14 & Under 400m I.M. (Final Heat HDW)	
220 Open 13 200m I.M.			
221 Open 14 200m I.M.			
222 Female 14 & Under 400m Freestyle (Final Heat HDW)			

Session 5 – Saturday 25th April 2026	Session 7 – Sunday 26th April 2026
Venue – Manchester Time – 0800 wu	Venue – Manchester Time – 0800 WU
301 Open 11& Over 800m Freestyle (HDW)	351 Female 11 & Over 800m Freestyle (HDW)
302 Female 11 & Over 50m Freestyle	352 Open 11 & Over 50m Freestyle
303 Open 11 & Over 50m Backstroke	353 Female 11 & Over 50m Backstroke
304 Female 11 & Over 50m Breaststroke	354 Open 11 & Over 50m Breaststroke
305 Open 11 & Over 50m Butterfly	355 Female 11 & Over 50m Butterfly
Session 6 – Saturday 25th April 2026	Session 8 – Sunday 26th April 2026
Venue – Manchester Time – TBC WU	Venue – Manchester Time – TBC WU
306 Female 1500m Freestyle (HDW)	356 Open 1500m Freestyle (HDW)
307 Open 4x100 Fc 17+	357 Female 4x100 Fc 14-16
307 Female 4x100 Fc 17+	358 Open 4x100 Fc 14-16
Finals	Finals
308 Open 800m Freestyle (Final Heat HDW)	359 Female 800m Freestyle (Final Heat HDW)
309 – 314 Female 11& Over 50m Freestyle	360 – 355 Open 11& Over 50m Freestyle
315 – 320 Open 11 & Over 50m Backstroke	356 – 361 Female 11 & Over 50m Backstroke
321 – 326 Female 11 & Over 50m Breaststroke	362 – 367 Open 11 & Over 50m Breaststroke
327 - 332 Open 11 & Over 50m Butterfly	368 - 373 Female 11 & Over 50m Butterfly
333 Female 1500m Freestyle (Final Heat HDW)	374 Open 1500m Freestyle (Final Heat HDW)
Relays	Relays
334 Female 4x200m Freestyle 14-16 Relay	375 Female 4x200m Freestyle 17+ Relay
335 Open 4x200m Freestyle 14-16 Relay	376 Open 4x200m Freestyle 17+ Relay
336 Female 4x100m I.M. 17+ Relay	377 Female 4x100m I.M. 14-16 Relay
337 Open 4x100m I.M. 17+ Relay	378 Open 4x100m I.M. 14-16 Relay

Session 9 – Saturday 2 nd May 2026		Session 10 – Saturday 2 nd May 2026	
Venue – Liverpool Time – 0800 WU		Venue – Liverpool Time – TBC WU	
401 Female 15 & Over 200m Freestyle		451 Female 15 & Over 200m Butterfly	
402 Open 15 & Over 200m Breaststroke		452 Open 15 & Over 200m Backstroke	
403 Female 15 & Over 100m Backstroke		453 Female 15 & Over 100m Breaststroke	
404 Open 15 & Over 100m Butterfly		454 Open 15 & Over 100m Freestyle	
405 Female 15 & Over 200m I.M.		Withdrawal from finals cut off 20 mins after event 454	
Withdrawal from finals cut off 20 mins after event 405		455 Female 15 & Over 400m I.M. (HDW)	
406 Open 15 & Over 400m Freestyle (HDW)			
Finals		Finals	
407 Female 15 200m Freestyle		456 Female 15 200m Butterfly	
408 Female 16 200m Freestyle		457 Female 16 200m Butterfly	
409 Female 17/Over 200m Freestyle		458 Female 17/Over 200m Butterfly	
410 Open 15 200m Breaststroke		459 Open 15 200m Backstroke	
411 Open 16 200m Breaststroke		460 Open 16 200m Backstroke	
412 Open 17/Over 200m Breaststroke		461 Open 17/Over 200m Backstroke	
413 Female 15 100m Backstroke		462 Female 15 100m Breaststroke	
414 Female 16 100m Backstroke		463 Female 16 100m Breaststroke	
415 Female 17/Over 100m Backstroke		464 Female 17/Over 100m Breaststroke	
416 Open 15 100m Butterfly		465 Open 15 100m Freestyle	
417 Open 16 100m Butterfly		466 Open 16 100m Freestyle	
418 Open 17/Over 100m Butterfly		467 Open 17/Over 100m Freestyle	
419 Female 15 200m I.M.		468 Female 15 & Over 400m I.M (Final Heat HDW)	
420 Female 16 200m I.M.			
421 Female 17/Over 200m I.M.			
422 Open 15 & Over 400m Freestyle (Final heat HDW)			

Session 11 – Sunday 3 rd May 2026		Session 12 – Sunday 3 rd May 2026	
Venue – Liverpool Time – 0800 WU		Venue – Liverpool Time – TBC WU	
501 Open 15 & Over 200m Freestyle		551 Open 15 & Over 200m Butterfly	
502 Female 15 & Over 200m Breaststroke		552 Female 15 & Over 200m Backstroke	
503 Open 15 & Over 100m Backstroke		553 Open 15 & Over 100m Breaststroke	
504 Female 15 & Over 100m Butterfly		554 Female 15 & Over 100m Freestyle	
505 Open 15 & Over 200m I.M.		Withdrawal from finals cut off 20 mins after event 554	
Withdrawal from finals cut off 20 mins after event 505		555 Open 15 & Over 400m I.M. (HDW)	
506 Female 15 & Over 400m Freestyle (HDW)			
<u>Finals</u>		<u>Finals</u>	
507 Open 15 200m Freestyle		556 Open 15 200m Butterfly	
508 Open 16 200m Freestyle		557 Open 16 200m Butterfly	
509 Open 17/Over 200m Freestyle		558 Open 17/Over 200m Butterfly	
510 Female 15 200m Breaststroke		559 Female 15 200m Backstroke	
511 Female 16 200m Breaststroke		560 Female 16 200m Backstroke	
512 Female 17/Over 200m Breaststroke		561 Female 17/Over 200m Backstroke	
513 Open 15 100m Backstroke		562 Open 15 100m Breaststroke	
514 Open 16 100m Backstroke		563 Open 16 100m Breaststroke	
515 Open 17/Over 100m Backstroke		564 Open 17/Over 100m Breaststroke	
516 Female 15 100m Butterfly		565 Female 15 100m Freestyle	
517 Female 16 100m Butterfly		566 Female 16 100m Freestyle	
518 Female 17/Over 100m Butterfly		567 Female 17/Over 100m Freestyle	
519 Open 15 200m I.M.		568 Open 15 & Over 400m I.M. (Final Heat HDW)	
520 Open 16 200m I.M.			
521 Open 17/Over 200m I.M.			
522 Female 15 & Over 400m Freestyle (Final Heat HDW)			