

SENW Summer Regionals – Programme

Age as at 31st December 2026

Session 1 – Saturday 28 th March 2026	Session 2 – Saturday 28 th March 2026
Venue – Liverpool Time – 0800 WU	Venue – Liverpool Time – TBC WU
101 Female 14 & Under 200m Freestyle	151 Female 14 & Under 200m Butterfly
102 Open 14 & Under 200m Breaststroke	152 Open 14 & Under 200m Backstroke
103 Female 14 & Under 100m Backstroke	153 Female 14 & Under 100m Breaststroke
104 Open 14 & Under 100m Butterfly	154 Open 14 & Under 100m Freestyle
105 Female 14 & Under 200m I.M.	Withdrawal from finals cut off 20 mins after event 154
Withdrawal from finals cut off 20 mins after event 105	155 Female 14 & Under 400m I.M. (HDW)
106 Open 14 & Under 400m Freestyle (HDW)	
<u>Finals</u>	<u>Finals</u>
107 Female 11/12 200m Freestyle	156 Female 11/12 200m Butterfly
108 Female 13 200m Freestyle	157 Female 13 200m Butterfly
109 Female 14 200m Freestyle	158 Female 14 200m Butterfly
110 Open 11/12 200m Breaststroke	159 Open 11/12 200m Backstroke
111 Open 13 200m Breaststroke	160 Open 13 200m Backstroke
112 Open 14 200m Breaststroke	161 Open 14 200m Backstroke
113 Female 11/12 100m Backstroke	162 Female 11/12 100m Breaststroke
114 Female 13 100m Backstroke	163 Female 13 100m Breaststroke
115 Female 14 100m Backstroke	164 Female 14 100m Breaststroke
116 Open 11/12 100m Butterfly	165 Open 11/12 100m Freestyle
117 Open 13 100m Butterfly	166 Open 13 100m Freestyle
118 Open 14 100m Butterfly	167 Open 14 100m Freestyle
119 Female 11/12 200m I.M.	168 Female 14 & Under 400m I.M (Final Heat HDW)
120 Female 13 200m I.M.	
121 Female 14 200m I.M.	
122 Open 14 & Under 400m Freestyle (Final Heat HDW)	

Session 3 – Sunday 29 th March 2026		Session 4 – Sunday 29 th March 2026	
Venue – Liverpool Time – 0800 WU		Venue – Liverpool Time – TBC WU	
201 Open 14 & Under 200m Freestyle		251 Open 14 & Under 200m Butterfly	
202 Female 14 & Under 200m Breaststroke		252 Female 14 & Under 200m Backstroke	
203 Open 14 & Under 100m Backstroke		253 Open 14 & Under 100m Breaststroke	
204 Female 14 & Under 100m Butterfly		254 Female 14 & Under 100m Freestyle	
205 Open 14 & Under 200m I.M.		Withdrawal from finals cut off 20 mins after event 254	
Withdrawal from finals cut off 20 mins after event 205		255 Open 14 & Under 400m I.M. (HDW)	
206 Female 14 & Under 400m Freestyle (HDW)			
<u>Finals</u>		<u>Finals</u>	
207 Open 11/12 200m Freestyle		256 Open 11/12 200m Butterfly	
208 Open 13 200m Freestyle		257 Open 13 200m Butterfly	
209 Open 14 200m Freestyle		258 Open 14 200m Butterfly	
210 Female 11/12 200m Breaststroke		259 Female 11/12 200m Backstroke	
211 Female 13 200m Breaststroke		260 Female 13 200m Backstroke	
212 Female 14 200m Breaststroke		261 Female 14 200m Backstroke	
213 Open 11/12 100m Backstroke		262 Open 11/12 100m Breaststroke	
214 Open 13 100m Backstroke		263 Open 13 100m Breaststroke	
215 Open 14 100m Backstroke		264 Open 14 100m Breaststroke	
216 Female 11/12 100m Butterfly		265 Female 11/12 100m Freestyle	
217 Female 13 100m Butterfly		266 Female 13 100m Freestyle	
218 Female 14 100m Butterfly		267 Female 14 100m Freestyle	
219 Open 11/12 200m I.M.		268 Open 14 & Under 400m I.M (Final Heat HDW)	
220 Open 13 200m I.M.			
221 Open 14 200m I.M.			
222 Female 14 & Under 400m Freestyle (Final Heat HDW)			

Session 5 – Saturday 25th April 2026		Session 7 – Sunday 26th April 2026	
Venue – Manchester Time – 0800 wu		Venue – Manchester Time – 0800 WU	
301 Open	11& Over 800m Freestyle (HDW)	351 Female	11 & Over 800m Freestyle (HDW)
302 Female	11 & Over 50m Freestyle	352 Open	11 & Over 50m Freestyle
303 Open	11 & Over 50m Backstroke	353 Female	11 & Over 50m Backstroke
304 Female	11 & Over 50m Breaststroke	354 Open	11 & Over 50m Breaststroke
305 Open	11 & Over 50m Butterfly	355 Female	11 & Over 50m Butterfly
Session 6 – Saturday 25th April 2026		Session 8 – Sunday 26th April 2026	
Venue – Manchester Time – TBC WU		Venue – Manchester Time – TBC WU	
306 Female	1500m Freestyle (HDW)	356 Open	1500m Freestyle (HDW)
307 Open	4x100 Fc 17+	357 Female	4x100 Fc 14-16
307 Female	4x100 Fc 17+	358 Open	4x100 Fc 14-16
Finals		Finals	
308 Open	800m Freestyle (Final Heat HDW)	359 Female	800m Freestyle (Final Heat HDW)
309 – 314 Female	11& Over 50m Freestyle	360 – 355 Open	11& Over 50m Freestyle
315 – 320 Open	11 & Over 50m Backstroke	356 – 361 Female	11 & Over 50m Backstroke
321 – 326 Female	11 & Over 50m Breaststroke	362 – 367 Open	11 & Over 50m Breaststroke
327 - 332 Open	11 & Over 50m Butterfly	368 - 373 Female	11 & Over 50m Butterfly
333 Female	1500m Freestyle (Final Heat HDW)	374 Open	1500m Freestyle (Final Heat HDW)
Relays		Relays	
334 Female	4x200m Freestyle 14-16 Relay	375 Female	4x200m Freestyle 17+ Relay
335 Open	4x200m Freestyle 14-16 Relay	376 Open	4x200m Freestyle 17+ Relay
336 Female	4x100m I.M. 17+ Relay	377 Female	4x100m I.M. 14-16 Relay
337 Open	4x100m I.M. 17+ Relay	378 Open	4x100m I.M. 14-16 Relay

Session 9 – Saturday 2 nd May 2026		Session 10 – Saturday 2 nd May 2026	
Venue – Liverpool Time – 0800 WU		Venue – Liverpool Time – TBC WU	
401 Female 15 & Over 200m Freestyle		451 Female 15 & Over 200m Butterfly	
402 Open 15 & Over 200m Breaststroke		452 Open 15 & Over 200m Backstroke	
403 Female 15 & Over 100m Backstroke		453 Female 15 & Over 100m Breaststroke	
404 Open 15 & Over 100m Butterfly		454 Open 15 & Over 100m Freestyle	
405 Female 15 & Over 200m I.M.		Withdrawal from finals cut off 20 mins after event 454	
Withdrawal from finals cut off 20 mins after event 405		455 Female 15 & Over 400m I.M. (HDW)	
406 Open 15 & Over 400m Freestyle (HDW)			
<u>Finals</u>		<u>Finals</u>	
407 Female 15 200m Freestyle		456 Female 15 200m Butterfly	
408 Female 16 200m Freestyle		457 Female 16 200m Butterfly	
409 Female 17/Over 200m Freestyle		458 Female 17/Over 200m Butterfly	
410 Open 15 200m Breaststroke		459 Open 15 200m Backstroke	
411 Open 16 200m Breaststroke		460 Open 16 200m Backstroke	
412 Open 17/Over 200m Breaststroke		461 Open 17/Over 200m Backstroke	
413 Female 15 100m Backstroke		462 Female 15 100m Breaststroke	
414 Female 16 100m Backstroke		463 Female 16 100m Breaststroke	
415 Female 17/Over 100m Backstroke		464 Female 17/Over 100m Breaststroke	
416 Open 15 100m Butterfly		465 Open 15 100m Freestyle	
417 Open 16 100m Butterfly		466 Open 16 100m Freestyle	
418 Open 17/Over 100m Butterfly		467 Open 17/Over 100m Freestyle	
419 Female 15 200m I.M.		468 Female 15 & Over 400m I.M (Final Heat HDW)	
420 Female 16 200m I.M.			
421 Female 17/Over 200m I.M.			
422 Open 15 & Over 400m Freestyle (Final heat HDW)			

Session 11 – Sunday 3 rd May 2026		Session 12 – Sunday 3 rd May 2026	
Venue – Liverpool Time – 0800 WU		Venue – Liverpool Time – TBC WU	
501 Open	15 & Over 200m Freestyle	551 Open	15 & Over 200m Butterfly
502 Female	15 & Over 200m Breaststroke	552 Female	15 & Over 200m Backstroke
503 Open	15 & Over 100m Backstroke	553 Open	15 & Over 100m Breaststroke
504 Female	15 & Over 100m Butterfly	554 Female	15 & Over 100m Freestyle
505 Open	15 & Over 200m I.M.	Withdrawal from finals cut off 20 mins after event 554	
Withdrawal from finals cut off 20 mins after event 505		555 Open	15 & Over 400m I.M. (HDW)
506 Female	15 & Over 400m Freestyle (HDW)		
<u>Finals</u>		<u>Finals</u>	
507 Open	15 200m Freestyle	556 Open	15 200m Butterfly
508 Open	16 200m Freestyle	557 Open	16 200m Butterfly
509 Open	17/Over 200m Freestyle	558 Open	17/Over 200m Butterfly
510 Female	15 200m Breaststroke	559 Female	15 200m Backstroke
511 Female	16 200m Breaststroke	560 Female	16 200m Backstroke
512 Female	17/Over 200m Breaststroke	561 Female	17/Over 200m Backstroke
513 Open	15 100m Backstroke	562 Open	15 100m Breaststroke
514 Open	16 100m Backstroke	563 Open	16 100m Breaststroke
515 Open	17/Over 100m Backstroke	564 Open	17/Over 100m Breaststroke
516 Female	15 100m Butterfly	565 Female	15 100m Freestyle
517 Female	16 100m Butterfly	566 Female	16 100m Freestyle
518 Female	17/Over 100m Butterfly	567 Female	17/Over 100m Freestyle
519 Open	15 200m I.M.	568 Open	15 & Over 400m I.M (Final Heat HDW)
520 Open	16 200m I.M.		
521 Open	17/Over 200m I.M.		
522 Female	15 & Over 400m Freestyle (Final Heat HDW)		