

## Competition Schedule/Timings 2026

<b>Saturday 28/2/26</b>	<b>Divers</b>	<b>No. Dives</b>		<b>Divers</b>	<b>No.Dives</b>		<b>Start</b>	<b>End</b>
Restricted training	Events 1/2						9.00	9.30
Parade Events 1/2							9.35	9.45
Events 1/2	19	110	<b>AG C (1m)</b>	19	90	<b>AG D (3m)</b>	9.45	10.45
Restricted training	Events 3/4/5/6						10.45	11.15
Medals							11.15	11.25
Parade Events 3/4/5							11.25	11.35
Events 3/4	6	48	<b>AG A (1m)</b>	9	63	<b>AG B (3m)</b>	11.35	12.10
Event 5	7	74	<b>Skills B Open</b>				12.15	12.35
Restricted training	Events 6/7						12.35	13.05
Medals							13.05	13.15
Parade Events 6/7							13.15	13.25
Event 6	12	144	<b>Skills E</b>				13.25	13.55
Event 7	27	270	<b>Skills C</b>				14.00	14.45
Restricted Training	Events 8/9/10						14.45	15.15
Medals							15.15	15.25
Parade Events 8/9/10							15.25	15.35
Events 8/9	9	63	<b>AG B (1m)</b>	6	42	<b>AG A (Plat)</b>	15.35	16.10
Event 10	8	48	<b>Skills A 1m</b>				16.15	16.45
Medals							16.50	17.00

Sunday 1/3/26	Divers	No.Dives		Divers	No. Dives		Start	End
**** OPEN TRAINING ****							8.00	8.30
Restricted training	Events 11/12/13						8.30	9.00
Parade Event 11/12/13							9.05	9.15
Events 11/12	6	36	Skills A 3m	5	30	AG B (Plat)	9.15	9.35
Event 13	7	56	Age Group A 3m				9.40	10.10
Restricted training	Event 14						10.10	10.40
Medals							10.40	10.50
Parade Events 14/15							10.50	11.00
Events 14/15	15	90	AG C (Plat)	21	105	AG D (1m)	11.00	11.55
Restricted training	Events 15/16						11.55	12.35
Medals							12.35	12.45
Parade event 16							12.45	12.55
Event 16	41	492	D Skills				12.55	14.20
Restricted training	Events 17/18/19						14.20	15.00
Medals							15.00	15.10
Parade events 17/18/19							15.10	15.20
Event 17	11	110	Skills B Female				15.20	15.50
Events 18/19	20	120	AG C (3m)	19	95	AG D (Plat)	15.55	16.55
Medals							17.00	17.10

## Other Information

### Restricted Training Times

#### Saturday 28<sup>th</sup> February 2026:

##### **Event No**

1 & 2 – 0900-0930hrs

3, 4, 5 & 6 – 1045-1115hrs

6 & 7 – 1235-1305hrs

8, 9 & 10 – 1445-1515hrs

#### Sunday 1<sup>st</sup> March 2026:

##### **Event No:**

**OPEN TRAINING – 0800-0830hrs**

11,12 & 13 – 0830-0900hrs

14 – 1010-1040hrs

15 & 16 – 1155-1235hrs

17, 18 & 19 – 1420-1500hrs

Please note that the above timings are a guide and are not guaranteed, please note the event may be running slightly ahead or behind schedule so we would advise athletes to be at the venue in sufficient time.