

Competition Schedule/Timings 2026

Saturday 28/2/26		Divers	No. Dives		Divers	No. Dives		Start	End
Restricted training				Events 1/2				9.00	9.30
Parade Events 1/2								9.35	9.45
Events 1/2	19	110	AG C (1m)	19	90	AG D (3m)		9.45	10.45
Restricted training			Events 3/4/5/6					10.45	11.15
Medals								11.15	11.25
Parade Events 3/4/5								11.25	11.35
Events 3/4	6	48	AG A (1m)	9	63	AG B (3m)		11.35	12.10
Event 5	7	74	Skills B Open					12.15	12.35
Restricted training			Events 6/7					12.35	13.05
Medals								13.05	13.15
Parade Events 6/7								13.15	13.25
Event 6	12	144	Skills E					13.25	13.55
Event 7	27	270	Skills C					14.00	14.45
Restricted Training			Events 8/9/10					14.45	15.15
Medals								15.15	15.25
Parade Events 8/9/10								15.25	15.35
Events 8/9	9	63	AG B (1m)	6	42	AG A (Plat)		15.35	16.10
Event 10	8	48	Skills A 1m					16.15	16.45
Medals								16.50	17.00

Sunday 1/3/26		Divers	No. Dives		Divers	No. Dives		Start	End
		**** OPEN TRAINING ****						8.00	8.30
Restricted training			Events 11/12/13					8.30	9.00
Parade Event 11/12/13								9.05	9.15
Events 11/12	6	36	Skills A 3m	5	30	AG B (Plat)		9.15	9.35
Event 13	7	56	Age Group A 3m					9.40	10.10
Restricted training			Event 14					10.10	10.40
Medals								10.40	10.50
Parade Events 14/15								10.50	11.00
Events 14/15	15	90	AG C (Plat)	21	105	AG D (1m)		11.00	11.55
Restricted training			Events 15/16					11.55	12.35
Medals								12.35	12.45
Parade event 16								12.45	12.55
Event 16	41	492	D Skills					12.55	14.20
Restricted training			Events 17/18/19					14.20	15.00
Medals								15.00	15.10
Parade events 17/18/19								15.10	15.20
Event 17	11	110	Skills B Female					15.20	15.50
Events 18/19	20	120	AG C (3m)	19	95	AG D (Plat)		15.55	16.55
Medals								17.00	17.10

Other Information

Restricted Training Times

Saturday 28th February 2026:

Event No

1 & 2 – 0900-0930hrs

3, 4, 5 & 6 – 1045-1115hrs

6 & 7 – 1235-1305hrs

8, 9 & 10 – 1445-1515hrs

Sunday 1st March 2026:

Event No:

OPEN TRAINING – 0800-0830hrs

11,12 & 13 – 0830-0900hrs

14 – 1010-1040hrs

15 & 16 – 1155-1235hrs

17, 18 & 19 – 1420-1500hrs

Please note that the above timings are a guide and are not guaranteed, please note the event may be running slightly ahead or behind schedule so we would advise athletes to be at the venue in sufficient time.