

Long Course Qualifying Times

Age at 31/12/27

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Times to be achieved from 4th May 2026 until 31st March 2027

11-12	13	14	15	16	17/OV	Event	17/OV	16	15	14	13	11-12
Female	Female	Female	Female	Female	Female		Open/Male	Open/Male	Open/Male	Open/Male	Open/Male	Open/Male
32.59	30.99	29.99	29.59	28.99	28.59	50m Freestyle	25.99	26.99	27.99	28.99	30.99	32.99
1:11.59	1:07.59	1:05.59	1:04.59	1:02.99	1:01.99	100m Freestyle	56.59	58.59	1:00.59	1:03.59	1:07.59	1:12.59
2:36.59	2:26.99	2:21.99	2:18.99	2:15.99	2:13.99	200m Freestyle	2:05.59	2:09.99	2:14.59	2:18.99	2:26.99	2:37.99
5:33.99	5:15.59	4:57.59	4:52.59	4:47.59	4:43.59	400m Freestyle	4:34.59	4:41.99	4:47.59	4:57.99	5:17.99	5:39.99
11:24.99	10:42.59	10:05.59	9:57.99	9:49.99	9:47.99	800m Freestyle	9:24.59	9:36.59	9:47.59	10:05.99	10:39.99	11:29.99
21:29.99	20:34.99	19:45.99	19:09.99	18:59.99	18:44.99	1500m Freestyle	17:59.99	18:24.99	18:44.99	19:24.99	20:34.99	21:29.99
42.59	40.59	38.59	37.99	37.59	36.99	50m Breaststroke	32.99	33.99	35.59	37.59	39.99	43.99
1:33.99	1:28.99	1:24.99	1:23.59	1:22.59	1:21.59	100m Breaststroke	1:13.59	1:16.59	1:18.99	1:23.59	1:30.99	1:37.59
3:21.99	3:12.99	3:03.99	3:01.99	2:59.99	2:56.99	200m Breaststroke	2:43.99	2:47.99	2:52.99	3:01.99	3:14.99	3:29.99
35.99	33.99	32.99	31.99	31.59	30.59	50m Butterfly	27.99	28.99	29.99	31.99	33.99	36.99
1:25.99	1:18.99	1:14.59	1:11.99	1:10.59	1:07.99	100m Butterfly	1:02.99	1:04.99	1:07.99	1:12.99	1:19.99	1:29.99
3:18.99	3:05.59	2:51.99	2:41.99	2:39.99	2:37.99	200m Butterfly	2:26.99	2:32.99	2:35.99	2:50.99	3:05.59	3:18.99
38.59	35.99	34.99	33.99	33.59	32.59	50m Backstroke	29.59	30.99	31.99	33.59	35.99	38.59
1:21.99	1:16.99	1:13.99	1:12.59	1:10.99	1:09.59	100m Backstroke	1:04.99	1:06.99	1:08.99	1:12.59	1:18.59	1:22.59
2:56.59	2:45.99	2:39.99	2:36.99	2:34.99	2:32.99	200m Backstroke	2:20.99	2:25.99	2:29.99	2:36.59	2:48.59	2:59.59
2:56.99	2:48.59	2:41.59	2:37.99	2:36.59	2:32.59	200m IM	2:24.99	2:26.99	2:30.59	2:38.99	2:48.59	2:59.99
6:24.99	6:05.99	5:46.99	5:38.99	5:36.99	5:34.99	400m IM	5:12.99	5:19.99	5:29.99	5:45.99	6:05.99	6:24.99

This meet uses LLT (Lower Limit Time) Qualifying Times, to qualify you must have a Swim England ranked time equal or faster than the times above from meet levels 1 to 3.
'Short Course' times converted to 'Long Course' using the official Swim England Equivalent Time Algorithm will be accepted.