



**Aquatics GB**



Scottish  
Swimming

# PERFORMANCE COACHING CONFERENCE 2026

9th-10th September | Hyatt Regency Hotel, Manchester

## DAY ONE - TECHNICAL EXCELLENCE



**Skill Aquisition  
In Swimming**

**Olly Logan**

Aquatics GB Head of Research & Innovation



**Bringing Process  
Goals to Life**

**Loughborough  
Performance Centre**

Coaches & MDT



**The Development  
Journey of  
Filip Nowacki**

**Keiron Piper &  
Nathan Jegou**



**Awards &  
Recognition**

**Celebrating  
Excellence**



**Conference  
Dinner**

Hosted by  
**Kevin Pickard**



**Cutting Edge  
Research**



**Expert  
Speakers**



**Practical  
Strategies**



**Resilience &  
Wellbeing**



**Connection &  
Collaboration**

## DAY TWO - PSYCHOLOGY IN COACHING PRACTICE



**Resilience in  
Coaching**

**Mustafa Sarkar**

Nottingham Trent University



**Brilliant  
Basics**

**Michael Ashford**

England Rugby



**Coaching Gen Z  
& Gen Alpha**

**Julie Johnstone**

Nottingham Trent University



**Turning Ideas  
into Impact**

**Action  
Planning**

**Limited  
places  
available**

first come  
first served

**Cost:  
£150**

(two days attendance +  
dinner)

[Accommodation not included]

**Click Here  
To Book**